



Mr. Aysar Abed Al-Kareem Jamama

Lecturer

Personal Data

Nationality | Jordanian

Date of Birth | 21/04/1984

Department | Community Health Nursing

Official UoD Email | aajamama@uod.edu.sa

Office Phone No. | --

Language Proficiency

| Language | Read | Write | Speak |
|----------|-----------|-----------|-----------|
| Arabic | Excellent | Excellent | Excellent |
| English | Excellent | Excellent | Very Good |

Academic Qualifications (Beginning with the most recent)

| Date | Academic Degree | Place of Issue | Address |
|------|---|---|----------------|
| 2010 | Master | Jordan University of Science & Technology | Jordan - Irbid |
| 2006 | Bachelor | Jordan University of Science & Technology | Jordan - Irbid |
| 2002 | Secondary Education (Scientific Stream) | Huwarrah Secondary School | Jordan - Irbid |

Professional Record: (Beginning with the most recent)

| Job Rank | Place and Address of Work | | Date |
|----------|--|----------------|-----------------------|
| Lecturer | Imam Abdulrahman Bin Faisal University | KSA - Dammam | Dec, 2014 - Present |
| Lecturer | Al-Ghad International Medical Science Colleges | KSA - Dammam | Sep, 2011 - Jun, 2014 |
| Lecturer | Balqa' Applied University – Ibn Kaldon College | Jordan - Irbid | Sep, 2009 - Jun, 2011 |



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|--------------------------|---|----------------|-------------------------|
| Clinical Instructor | Jordan University of Science & Technology | Jordan - Irbid | AY 2009/2010 |
| Senior Nurse (In charge) | Prince's Basmah Hospital | Jordan - Irbid | July, 2008 - July, 2009 |
| Staff Nurse | King Abdullah University Hospital | Jordan - Irbid | Aug, 2006 – Oct, 2007 |

Administrative Positions Held: (Beginning with the most recent)

| Administrative Position | Office | Date |
|--|------------------------------------|------------------------|
| Acting as a head of nursing department | Nursing Department/ AIGHad College | Feb, 2013 to Sep, 2013 |

Current Researches

| # | Research Title | Name of Investigator(s) |
|---|--|--|
| 1 | Stress & Coping Strategies Among Nursing Students | Dr. Emad Shdaifat Mr. Aysar Jamama Mr. Moha'd Alamer |
| 2 | Verbal Abuse & Negative Emotional Status Among Intern Nursing Students | Dr. Emad Shdaifat, Mr. Moh'd Alamer, Mr. Aysar Jamama |
| 3 | The experience of Saudi newly-qualified nurses in challenging unsafe practice | Dr. Mansour Almansour Dr. Maha Almadani Mr. Abdulrahman Anati Mr. Aysar Jamama |
| 4 | The contribution of undergraduate nursing training in developing assertive communication behaviors among Saudi newly-graduated nursing: qualitative findings | Dr. Mansour Almansour Dr. Maha Almadani Mr. Abdulrahman Anati Mr. Aysar Jamama |
| 5 | Exploring the association between internet addiction and quality of sleep | Mr. Mohammed Alamer Dr. Emad Shdaifat Dr. Amira Alshokan Dr. Aliea Jamal Mr. Aysar Jamama |
| 6 | The impact of dialysis modalities on quality of patients | Dr. Emad Shdaifat Mr. Abdulrahman Anati Mr. Moutaman Mahmoud Mr. Aysar Jamama Mr. Mohammed Alamer |



Contribution to Scientific Conferences and Symposia

| # | Conference Title | Place and Date of the Conference | Extent of Contribution |
|---|--|--|------------------------|
| 1 | 10 th Topics in pediatrics | King Fahed University Hospital – KSA – Dammam – March 2-3, 2016 | Attendant |
| 2 | Avoiding common teaching mistakes- discussion | University of Dammam – KSA – Dammam – September 8, 2015 | Attendant |
| 3 | Living curriculum for 10 years | University of Dammam – KSA – Dammam – May 5, 2015 | Attendant |
| 4 | Emergency care: The golden hour and beyond | University of Dammam – KSA – Dammam – Feb 4-5, 2015 | Attendant |
| 5 | Using multiple choice items to test higher-order thinking skills | University of Dammam – KSA – Dammam – Oct 28, 2014 | Attendant |
| 6 | Workshop on essentials skills in health professional education | Alghad College – KSA – Dammam (13-18) May 2013 | Attendant |
| 7 | Writing a proposal workshop | Imam Abdulrahman Bin Faisal Hospital – KSA – Dammam – 13 April 2013 | Attendant |
| 8 | 2 nd neurosurgery updates symposium | King Fahed Hospital – KSA – Jeddah – (11 – 12) June 2012 | Attendant |
| 9 | Cardiopulmonary resuscitation | Saudi Heart Association – Arrawdah General Hospital – KSA – Dammam Oct, 2011 | Attendant |

Membership of Scientific and Professional Societies and Organizations

- Jordan Nurses & Midwives Council since 2007
- Saudi Commission of Health Specialties

Teaching Activities

Undergraduate

| # | Course/Rotation Title | Extent of Contribution (no. of lectures/Tutorials. Or labs, Clinics) |
|---|---------------------------------|---|
| 1 | Community Health Nursing | Theory & Clinical |
| 2 | Nursing Management & Leadership | Theory & Clinical |
| 3 | Medical – Surgical Nursing | Theory & Clinical |
| 4 | Pediatric Health Nursing | Theory & Clinical |
| 5 | Nursing Informatics | Theory & Clinical |
| 6 | Psychiatric Health Nursing | Theory & Clinical |
| 7 | Introduction to Nursing Science | Theory |



| | | |
|----|-----------------------------|-------------------|
| 8 | Fundamental of Nursing | Theory & Clinical |
| 9 | Health Assessment | Theory & Clinical |
| 10 | Reproductive Health Nursing | Theory & Clinical |
| 11 | Critical Health Nursing | Clinical |
| 12 | Nutrition | Theory |
| 13 | Current Issues in Nursing | Theory |

Brief Description of Undergraduate Courses Taught: (Course Title – Code: Description)

Community Health Nursing

This course prepares the student to participate through nursing actions in all the public health care services provided in the Saudi community. The family, as the primary unit of the community, is the focus of care. This includes health services of preventive, promotive and curative levels to all members of the family considering their special developmental needs. The student is oriented to use all the available community health resources to accomplish the goals of primary care. Clinical exposure of the student is provided through health care centres. The student is required to integrate all previous nursing knowledge and skills to suit the nature of the health problems that may be encountered.

Nursing Management & Leadership

This course is designed to introduce the students to management and leadership concepts and principles necessary to promote students' ability to manage care and make appropriate decisions related to clients. These concepts and principles are also necessary to facilitate students' growth as future leaders able to affect quality of care and introduce change when necessary. Management process is used as a framework in designing the content of the course.

Medical – Surgical Nursing

The course provides the student with further in-depth knowledge, skills and attitude necessary for high quality nursing management for Medical-Surgical patients in specialized medical and surgical wards, as well as emergency room, operating room and recovery room and day surgery. This is in addition to the different therapeutic modalities used for both medical and surgical patients. However, the student is encouraged to integrate knowledge derived from other courses taken previously or simultaneously. The course also focuses on the application of nursing process and utilization of self-care concepts in providing comprehensive nursing management for medical and surgical patients with special consideration to the maintenance of patients' safety throughout care and promotion of home care through discharge plan.

Pediatric Health Nursing

The course provides theory and practice essential for the nursing management of children in both health and sickness. Emphasis is placed on normal growth and development of



children from infancy through adolescence. Health promotions, prevention of illness are greatly emphasized. Clinical experience includes observation of children in nursery school. It involves also nursing care of the sick children in the Medical and Surgical Pediatric wards.

Nursing Informatics

Nurses of the future must be well versed in computer informatics. Nursing Informatics: A New Nursing Literacy is to equip the nursing student with the expertise necessary to negotiate the upper level nursing level courses. This course will equip the undergraduate nurse with the skills necessary to search the Internet adeptly to gather and assess evidence based practice policies, procedures and information, for themselves and for their patients. This course will provide the future nursing professional with a broad knowledge of basic computer hardware, software and literary terms, as well as, the concepts of the Internet, digital media, social mediums, and the web Copyright information and plagiarism will be reviewed, as means of digital professional collaboration will be assessed. E learning, administrative assistive devices and workplace technologies will be explored. These abilities will prepare the nursing professional with the skills necessary to advance into the profession with confidence.

Psychiatric Health Nursing

This course is designed to introduce students to the role of the psychiatric and mental health nurse in the care of mentally ill people and their families. Maladaptive behaviors are stressed in the context of mental illness-wellness continuum. The course focuses on the importance of ethical and legal issues and their implications to mental health and mentally ill people.

Introduction to Nursing Science

This course introduces students to the concepts and roles of professional nursing. The course emphasizes the caring role of the nurse and the importance of interpersonal communication. The following core concepts related to nursing practice are presented: the caring nature of the nursing profession; the importance of critical thinking/clinical judgment; legal/ethical/cultural issues in nursing; and use of nursing process as a framework for nursing care.

Fundamental of Nursing

This course provides students with the opportunity to develop competencies necessary to meet the needs of individuals throughout their lifespan in a safe, legal, and ethical manner using the nursing process. Emphasis is placed on wellness, physiological, psychological, social, cultural, and spiritual factors that contributes to the well-being of the individual and family. The concepts of the nursing process and clinical decision making are explored. Communication is emphasized as an essential aspect of the professional role and is applied through interviews and data collection with the professional nurse always being aware of patient's rights and the issues of privacy.

Health Assessment

The course introduces the student to health assessment with knowledge and skills necessary to assess individual health status during health and illness. Students are directed to use effective communication skills to collect data about health history and appropriate psychomotor skills to conduct comprehensive physical examination.

Reproductive Health Nursing



This course focuses on women health during different cycles of childbearing and childbearing periods: health promotion, protection, maintenance and restoration are covered. Emphasis is placed on the diseases of female reproductive system from puberty through post-menopausal period are considered. The application of nursing process in the assessment and management of family during these stages is adopted.

Critical Health Nursing

This practicum focuses on the skills and procedures that are pertaining to monitoring and management of critically ill patients. It provides students with the opportunity to utilize the knowledge and skills he acquired in provide advanced specialized nursing care to critically ill patients and their families. Critical analysis of patient's data and responses to nursing interventions are emphasized. The practicum focuses on providing the student with relevant clinical experience in a variety of critical care settings.

Nutrition

This course is designed to provide student with needed knowledge of clinical nutrition and to learn practical applications that can ultimately impact one's health. Principles of dietary management as a preventative and therapeutic tool in health care are emphasized during various physiologic changes such as disease, metabolic alterations and stress.

Current Issues in Nursing

This course provides students with an overview of the current trends and issues in nursing education and practice. Students are challenged to examine how these issues and other current events shape current nursing practice.

Course Coordination

| # | Course Title and Code | Coordination | Co-coordination | Undergrad. | Postgrad. | From | To |
|---|-----------------------------------|--------------|-----------------|------------|-----------|------|----|
| 1 | Community Health Nursing Practice | | | | | | |

Student Academic Supervision and Mentoring

| # | Level | Number of Students | From | To |
|---|------------|--------------------|------|---------|
| | All Levels | | 2014 | Present |

Administrative Responsibilities, Committee and Community Service (Beginning with the most recent)

Administrative Responsibilities

| # | From | To | Position | Organization |
|---|-----------|---------|---|---|
| 1 | Sep, 2017 | Present | Co-Chairperson /Student Academic Advising | Imam Abdulrahman Bin Faisal University – College of Nursing |



Committee Membership

| # | From | To | Position | Organization |
|---|------|------|--|---|
| 1 | 2014 | now | Coordinator of Academic Advising | Imam Abdulrahman Bin Faisal University – College of Nursing |
| 2 | 2011 | 2014 | Supervising of Academic Counseling Committee | Al-Ghad International Medical Sciences |
| 3 | 2011 | 2014 | Member of Quality Committee | Al-Ghad International Medical Sciences |
| 4 | 2011 | 2014 | Member of Library committee | Al-Ghad International Medical Sciences |
| 5 | 2011 | 2014 | Member of Follow-up Measurement Committee | Al-Ghad International Medical Sciences |
| 6 | 2011 | 2014 | Member of Clinic Committee | Al-Ghad International Medical Sciences |

Personal Key Competencies and Skills: (Computer, Information technology, technical, etc.)

| | |
|---|---|
| 1 | Computer Skills (Internet & Microsoft Office) |
| 2 | MEDCOM System |
| 3 | QuadraMed System |

Last Update 14/11/2017