



IAUDent Biosketch

Dr Name: Khalid Almas

Rank: Professor (Periodontology)

Personal Data

Nationality | American

Department | Preventive Dental Sciences

Official Email | Kalmas@iau.edu.sa Office

Phone No.

Language Proficiency

Language	Read	Write	Speak
English			
Urdu			

Academic Qualifications (Beginning with most recent)

Date	Academic Degree	Specialty	Place of Issue	Address
	MSc	Periodontology	London UK	
	MSc	Dent Pub Health	London UK	
	DDPHRCS	DPH	RCS (England)	
	FDSRCS	Dent Surg/Perio	Edinburgh UK	
	FRACDS	Dent Surg/Perio	Sydney, Australia	

PhD, Master or Fellowship Research Title (Academic Honors or Distinction)

Doctorate	
Master	Periodontology, Dent Pub Health
Fellowship	Dent Surg/Perio

Professional Record: (Beginning with most recent)

Job Rank	Specialty/Department	Place and Address of Work	Date
Professor	Periodontics/PDS	IAU College of Dentistry	Feb 2014-
Professor	Periodontics	University of Connecticut, USA	Jan 2007-Jan 2014
Associate Professor	Periodontics	New York University, USA	Aug 2003-Jan 2007
Assistant Professor	Periodontics	King Saud University	Jan 1995-July 2003
Assistant Professor	Periodontics	King Saud University	Jan 1995-July 2003
Assistant Professor	Periodontics	de, Montmorency College of	April 1990-

		Dentistry, University of Punjab, Lahore, Pakistan	
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Board Certification

Certifying Organization	Specialty	Date Certified

Administrative Positions Held: (Beginning with most recent)

Administrative Position	Office	Date
Periodontics Fellowship Program Director	IAU College of Dentistry	2018-

SCIENTIFIC ACHIEVEMENTS

PUBLISHED WORKS (For the most recent five years, list articles in **which you were the principal author** that appeared in refereed journals or textbooks, by author(s), title, publication, and date)

Author(s)	Title	Publication	Date
Khalid Almas	Glossary of Implant Dentistry (Book)	Blackwell Wiley, USA	2018

Please see attached list of articles:

Other Published Papers

Author(s)	Title	Publication	Date

Accepted Research Projects

Name of Investigator(s)	Title	Publisher	Date of Publication

Current Researches

Name of Investigator(s)	Title
Khalid Almas et al.	Critical size defects healing in rabbits challenged by anticancer drugs.
Almas et al.	CBCT study for maxillary sinus volume measurement
Almas et al.	Oral health and quality of life among pregnant mothers

Books/Chapters

Name of Investigator(s)	Book Title	Report Date
Almas, Javed and Smith (Book)	Glossary of Dental Implants	January 2019



Scientific Research Papers Presented to Refereed Specialized Scientific Conferences

Name of Investigator(s)	Title	Publisher	Date of Publication

Contribution to Scientific Conferences and Symposia (CE Course taken for the last 5 years)

#	Title	Place and Date of the Conference	Extent of Contribution
1	Saudi society of Periodontics (SSP)	Nov 26-Nov 30, 2020 Virtual	Attendance
2	Saudi Dental Society	2020 Virtual	Attendance
3	SSP Lecture Series	Presenter in Inaugural Session in Riyadh 2019	Invited Speaker
4	SSP Lecture Series	Presenter in Hail Health Care Center 2019	Invited Speaker
5	AAP annual meetings	Vancouver, Canada	Presenter
6	IADR annual Meeting	UK, USA	Presenter

Teaching Activities	
Undergraduate	Perio 411, CCD Male and female Clinics
Post-Graduate	Program Director Fellowship in Periodontics

#	Course/Rotation Title	No./Code	Extent of Contribution (no. of lectures/Tutorials. Or labs, Clinics)



CURRENT TEACHING RESPONSIBILITIES

Name of Institution, City, State	Course Title	Discipline and Level of Students	Total Contact hour per Year	
			Didactic	Clinic/ Laboratory
IAU CoD	Perio 403	Perio Predoc	Lecture	
	CCD 503	Predoc	Clinics	
	Postgraduate Program Director Courses	Post Grad	Didactic/Clinical/ Laboratory	
	Perio 831	Post Grad		
	Perio 832	Post Grad		
	Perio 845	Post Grad		
	Perio 846	Post Grad		
	Perio 828	Post Grad		
	Perio 829	Post Grad		
	Perio 837	Post Grad		
	Perio 838	Post Grad		
	Perio 839	Post Grad		
	CCD 601	Predoc	Clinics	

Membership of Scientific and Professional Societies and Organizations, Or Appointments Held In Local, State Or National Dental Or Allied Dental Organizations, Including Appointments To State Boards Of Dentistry And Coda

Name of Organization	Title	From (Year)	To (Year)
IADR (EBD Group)	Group Core member		
IADR (Implants Group)	member		
IADR (Perio Group)	member	1987	Today -2021
American academy of Periodontology (AAP)	member	1987	Today-2021
Saudi Dental Society (SDS)	member	2015	
Saudi Society of Periodontology (SSP)	member	2019	

Editorial Commitments	
PODJ Associate Editor	Editorial Board Member
JPDA Associate Editor	Editorial Board Member
Frontiers of Oral Health Associate Editor	
Int J Dent Hygiene	Editorial Board Member
Eur J of Dent	Editorial Board Member

Volunteer Work



#	From	To	Type of Volunteer	Organization
	Jan 2019	Dec 2020	Ad hoc Reviewer	More than 15 Biomedical Journals
			International Examiner for PhD, MSc and specialty Board, Sudan, Sweden, Malaysia, Pakistan, South Africa	Universities, Medical Specialty Board
			IAU diabetes Drive	IAU, College of Dentistry
	2015	To date	Scientific Evaluation Judge Interns Research Projects	IAU, College of Dentistry
	2020	To date	Postgrad Residents Research Projects Evaluator	IAU, College of Dentistry
	2014	To date	Clinical and didactic/ Vacations volunteer/teaching	University of Connecticut, USA
	2014	To date	Clinical and didactic/ Vacations volunteer/teaching	Rawal Institute of Medical Sciences, Islamabad, Pakistan
	1991	To date	Scientific reviewer	Biomedical Journals/Regional/national and International

Honors and Awards

Stanford University Scientists ranking	2020	Recognized among 2% of the World Scientists
IAU College of Dentistry	2015	Best researcher of the year award 2015
American Academy of Periodontology (AAP) USA	2011 Educator Award	Outstanding Teaching and Mentoring in Periodontics. USA

Past Five years Publications:

[Dental and Medical Students' Knowledge and Attitude toward COVID-19: A Cross-Sectional Study from Pakistan.](#)

S Ali, BF Alam, F Farooqi, K Almas, S Noreen

Eur J Dent. 2020 Dec 7. doi: 10.1055/s-0040-1719219. Online ahead of print ...



[Knowledge, Attitudes, and Clinical Practices of Dental Professionals during Coronavirus Disease 2019 \(COVID-19\) Pandemic in Pakistan.](#)

K Almas, AS Khan, A Tabassum, MA Nazir, A Afaq, A Majeed

Eur J Dent. 2020 Dec 7. doi: 10.1055/s-0040-1718785. Online ahead of print ...

2020



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| <p>☐ <u>An appraisal of COVID-19 prevention guidelines from global health professional bodies and implications for the dental profession</u>
S Akhtar, K Almas, I Siddiqui, S Smith
Tropical Dental Journal 71 (3), 19-38</p> | 2020 |
| <p>☐ <u>Dental Facilities During the New Corona Outbreak: A SWOT Analysis</u>
B Gaffar, J Alhumaid, M Alhareky, F Alonaizan, K Almas
Risk Management and Healthcare Policy 13, 1343–1352</p> | 2020 |
| <p>☐ <u>Global Prevalence of Periodontal Disease and Lack of Its Surveillance</u>
M Nazir, A Al-Ansari, K Al-Khalifa, M Alhareky, B Gaffar, K Almas
Scientific World Journal 2020 (doi.org/10.1155/2020/2146160), 1-8</p> | 2020 |
| <p>☐ <u>Prevalence of periodontitis and associated non-communicable diseases in high income Arab countries</u>
S Smith, K Almas
Tropical Dental Journal 43 (169), 33-41</p> | 2020 |
| <p>☐ <u>Vertical radiographic alveolar bone loss in smokers and non-smokers with periodontitis: A pilot study</u>
S Smith, J Al-bohassan, H Al-moghawi, M Alsuhayyih, I Siddiqui, K Almas
Pakistan Oral & Dental Journal (October-December 2019) 39 (4), 317-324</p> | 2019 |
| <p>☐ <u>Global prevalence of Tabbaco use in adolescents and its adverse oral health consequences</u>
MA Nazir, Al-Ansari A, N Abbasi, K Almas
Open Access Macedonian Journal of Medical Sciences 7 (21)</p> | 2019 |
| <p>☐ <u>A Study of Dentists about Their Knowledge and Practice of Dentine Hypersensitivity.</u>
F Izhar, MA Nazir, A Majeed, K Almas
Eur J Dent.</p> | 2019 |
| <p>☐ <u>Trends in implant dentistry: Implant systems, complications and barriers in Riyadh, Saudi Arabia</u>
RA Albugami, S Smith, MA Hassan, K Almas
Dental and Medical Problems 56 (3), 223–230</p> | 2019 |
| <p>☐ <u>Dentists' awareness about the link between oral and systemic health</u>
MA Nazir, F Izhar, K Akhtar, K Almas
J Fam Community Med 26 (3), 206-212</p> | 2019 |
| <p>☐ <u>Dental Students'Perception of Dentine Hypersensitivity and Awareness about its Management</u>
A Majeed, E AlShwaimi, MA Nazir, K Almas
Journal of Clinical and Diagnostic Research 13 (8), ZC15-ZC19</p> | 2019 |



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| <p><input type="checkbox"/> <u>Efficacy of a novel fluoride containing bioactive glass based dentifrice in remineralizing artificially included demineralization in human enamel</u>
I Farooq, A Majeed, E AlShwaimi, K Almas
Fluoride 52 (3 (3 Pt 3)), 447-455</p> | 2019 |
| <p><input type="checkbox"/> <u>Knowledge and Practices of Dentists Regarding MERS-CoV. A cross-sectional survey in Saudi Arabia</u>
BO Gaffar, M ElTantawi, AA Al-Ansari, AS AlAgl, FA Farooqi, K Almas
Saudi Med J 40 (7), 714-720</p> | 2019 |
| <p><input type="checkbox"/> <u>What is the Best Micro and Macro Dental Implant Topography?</u>
K Almas, S Smith, A Kutkut
Dent Clin North Am 63 (3), 447-460</p> | 2019 |
| <p><input type="checkbox"/> <u>Self-perceived oral malodor, smoking and oral hygiene practices among dental students in the Eastern province of Saudi Arabia</u>
K Almas, S Smith, I Siddiqui, H Albaqawi, A Almutair, S Alzaghran, ...
Pakistan Oral & Dental Journal 38 (4), 486-492</p> | 2018 |
| <p><input type="checkbox"/> <u>Oral biofilm formation and retention on commonly used dental materials:an update</u>
R Alfaroukh, A Elembaby, K Almas, S Ali, M Bahammam, A Majeed
Tropical dental Journal 41 (164), 28-34</p> | 2018 |
| <p><input type="checkbox"/> <u>A cross-sectional study of dentists about the need for a practice management course in undergraduate dental program</u>
MA Nazir, F Izhar, K Tariq, KM Anjum, ZB Sohail, K Almas
Eur J Dent 12, 508-515</p> | 2018 |
| <p><input type="checkbox"/> <u>Survey of Dental Implant Practices in the Eastern Province of Saudi Arabia</u>
T Al-Houtan, S Smith, K Almas
Tropical Dental Journal 41 (163), 31-41</p> | 2018 |
| <p><input type="checkbox"/> <u>Do Platform Switching Together with Subcrestal Placement have a Benefit on Marginal Bone Levels Around Dental Implants?</u>
ÖB Ağralı, E Elemek, J Dinçer, A Kiğılı, A Çilingir, L Kuru, K Almas
Clin Exp Health Sci 8, 80-84</p> | 2018 |
| <p><input type="checkbox"/> <u>Assessment of Infection control knowledge, attitudes and practices among dentists in public health sector of Eastern Saudi Arabia</u>
B Gaffar, S Khan, A Bassam, K Almas
International Journal of Oral Health & Dental Management 2 (2), 1-6</p> | 2018 |
| <p><input type="checkbox"/> <u>Natural Herbal Remedies For Common Dental And Oral Diseases</u>
A El Embaby, K Almas</p> | 2018 |



RESEARCH JOURNAL OF PHARMACEUTICAL BIOLOGICAL AND
CHEMICAL SCIENCES 9 (3 ...

- [Glossary of Dental Implantology \(Book\)](#)
K Almas, F Javed, S Smith
John Wiley & Sons

2018
- [Efficacy of Metformin in the Management of Periodontitis: A Systematic Review and Meta-Analysis](#)
S Najeeb, MS Zafar, Z Khurshid, S Zohaib, SA Madathil, M Mali, K Almas
Saudi Pharmaceutical Journal 26, 634-642

2018
- [Critical Size Defects for Bone Regeneration Experiments in the Dog Mandible: A Systematic Review](#)
HF Marei, K Mahmood, K Almas
Implant Dent. 27 (1), 135-141

2018
- [Outcome of orthodontic palatal plate therapy for orofacial dysfunction in children with Down syndrome: A systematic review](#)
F Javed, Z Akram, AP Barillas, SV Kellesarian, HB Ahmed, J Khan,
...
Orthodontics and Craniofacial Research 21 (1), 20-26

2018
- [Tooth Extraction Protocols for Patients on Bisphosphonate Therapy: An Update](#)
S Smith, M Alqranei, A Alagl, K Almas
J Int Academy of Periodontology 20 (1), 38-47

2018
- [Male infertility and dental health status: A systematic review](#)
SV Kellesarian, M Yunker, H Malmstrom, K Almas, GE Romanos, F Javed
American journal of men's health 12 (6), 1976-1984

2018
- [The prevalence of halitosis \(oral malodor\) and associated factors among dental students and interns, Lahore, Pakistan](#)
MA Nazir, K Almas, MI Majeed
Eur J Dent 11 (4), 480-485

2017
- [Prevalence, Pathogenesis, and Dental Management of Oral Lesions associated with HBV/HCV and HIV-Coinfection in South Africa.](#)
S Smith, K Almas
Tropical Dental Journal 40 (159), 31-45

2017
- [Evidence Based Laser Applications in Nonsurgical periodontal Therapy: Book Chapter](#)
S Najeeb, S Qasim, Z Khurshid, MS Zafar, S Zohaib, K Almas
Book: Applications of dental Lasers in periodontal therapy: An overview by ...

2017



- [Laser Applications in Dentistry: An Evidence-Based Clinical Decision-Making Approach. Book Chapter](#)
K Almas, K Ervin
Book; Application of dental Lasers in periodontal therapy: An overview by ...

2017
- [Microthreaded Implants and Crestal Bone Loss: A Systematic Review](#)
AM Al-Thobity, A Kutkut, K Almas
J Oral Implantol. 43 (2), 157-166

2017
- [Efficiency of piezotome-corticision assisted orthodontics in alleviating mandibular anterior crowding-a randomized clinical trial.](#)
F Uribe, L Davoody, R Mehr, YS Jayaratne, K Almas, T Sobue, ...
Eur J Orthod

2017
- [Awareness about the effects of tobacco consumption on oral health and the possibility of smoking behavior among male Saudi schoolchildren.](#)
MA Nazir, K Almas
Eur J Dent 11, 29-35

2017
- [Comparison Between Dexamethasone and Ibuprofen for Postoperative Pain Prevention and Control After Surgical Implant Placement: A Double-Masked, Parallel-Group, Placebo ...](#)
MA Bahammam, RA Kayal, DS Alasmari, MS Attia, LA Bahammam, ...
Journal of Periodontology 88 (1), 69-77

2017
- [The prevalence, oral manifestations and management of viral hepatitis in Saudi Arabia: an update](#)
S Smith, K Almas
Tropical Dental Journal 39 (156), 57-65

2016
- [In Vitro Antimicrobial Effectiveness of Root Canal Sealers against Enterococcus faecalis: A Systematic Review](#)
E AlShwaimi, D Bogari, R Ajaj, S Al-Shahrani, K Almas, A Majeed
Journal of Endodontics 42 (11), 1588-1597

2016
- [Phytosolutions for Enterococcus faecalis in Endodontics: An Update](#)
AS Alagl, S Bedi, K Almas
Oral Health & Dental Management 15 (5)

2016
- [The Role of Nutrition in Periodontal Health: An Update](#)
S Najeeb, MS Zafar, Z Khurshid, S Zohaib, K Almas
Nutrients 8 (9), 530

2016
- [Advances in imaging- A boon to periodontics.](#)

2016



K Almas
AAOMR Image Newsletter, 5-6

- [Human Saliva Collection Devices for Proteomics: An Update](#)
Z Khurshid, S Zohaib, S Najeeb, MS Zafar, PD Slowey, K Almas
International Journal of Molecular Sciences 17 (6), 846

2016
- [Prevalence of bony septa, antral pathology, and dimensions of the maxillary sinus from a sinus augmentation perspective: A retrospective cone-beam computed tomography study](#)
A Tadinada, E Jalali, W Al-Salman, S Jambhekar, B Katechia, K Almas
Imaging Science in Dentistry 46 (2), 109-115

2016
- [Role of *Salvadora persica* chewing stick \(miswak\): A natural toothbrush for holistic oral health](#)
F Niazi, M Naseem, Z Khurshid, MS Zafar, K Almas
European Journal of Dentistry 10 (2), 301-308

2016
- [The implant surface characteristics and peri-implantitis. An evidence-based update](#)
CD Peixoto, K Almas
Odonto-Stomatologie Tropicale 39 (153), 23-35

2016
- [Antimicrobial and clinical effectiveness of newly formulated biodegradable chips from *Salvadora persica* and Benzylisothiocyanate \(BITC\) in the treatment of chronic periodontitis.](#)
FH AL-Bayat, AA Kamaruddin, MA Ismail, MAA Razak, F Ariffin, K Almas, ...
Ciencia e Tecnica -vitivinicola 31 (2), 546-579

2016
- [SCImago Journal Rank Indicator: A Viable Alternative to Journal Impact Factor for Dental Journals](#)
K Mahmood, K Almas
Libres 26 (2), 144-151

2016