

Amira Ali Alshowkan

Assistant Professor

Personal Data

Nationality | Saudi Arabian

Date of Birth | 6/9/1982

Department | Community Health Nursing

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Language Proficiency

Language	Read	Write	Speak
Arabic	√	√	√
English	√	√	√

Academic Qualifications (Beginning with the most recent)

Date	Academic Degree	Place of Issue	Address
2012	Ph.D. in Mental Health Nursing	University of Wollongong	Australia
2008	Master of Mental Health Nursing	University of Wollongong	Australia
2005	Bachelor Degree in Nursing	King Faisal University	Saudi Arabia

PhD, Master or Fellowship Research Title: (Academic Honors or Distinctions)

PhD	Quality of Life Among People with Schizophrenia
Master	Quality of Life Among People with Mental Illness

Professional Record: (Beginning with the most recent)

Job Rank	Place and Address of Work			Date
Assistant Professor	University of Dammam	Saudi Arabia	Saudi Arabia	2013
Lecturer	University of Dammam	Saudi Arabia	Saudi Arabia	2009
Demonstrator	King Faisal University	Saudi Arabia	Saudi Arabia	2006

Administrative Positions Held: (Beginning with the most recent)

Administrative Position	Office	Date
Chairperson Community Health Nursing Department	University of Dammam, College of Nursing, Bld750, 2 nd floor, Office no. 7	May 2017
Acting Vice Dean Quality, Development and Community Service	University of Dammam, College of Nursing, Bld750, 2 nd floor, Office no. 6	January 2017
Chairperson of Scholarship, Demonstrator, and Postgraduate Unit	University of Dammam, College of Nursing, Bld750, 2 nd floor, Office no. 6	September 2016
Member at Scientific Research Unit	University of Dammam, College of Nursing, Bld750, 2 nd floor, Office no. 6	September 2016

Scientific Achievements

Published Refereed Scientific Researches

(In Chronological Order Beginning with the Most Recent)

#	Name of Investigator(s)	Research Title	Publisher and Date of Publication
1	Alshowkan, A	A qualitative study of attitude toward people with mental illness among nurses in Saudi Arabia	Journal of Nursing and Health Science, vol. 6, no. 5, Pp. 77-84.
2	Alshowkan,A	Nurses attitudes toward people with mental illness	International Journal of Mental Health and Psychiatry , 2016
3	Alshowkan A, Curtis J & White Y	Factors affecting the quality of life for people with schizophrenia in Saudi Arabia: A qualitative study	Journal of Psychiatry, 2015
4	Alshowkan A, Curtis J & White Y	Self-reported quality of life for people with schizophrenia in a psychiatric outpatient department in Saudi Arabia.	The Arab Journal of Psychiatry, 2015
5.	Alshowkan A, Curtis J & White Y	Quality of life for people with schizophrenia: A literature review	The Arab Journal of Psychiatry, 2013

Current Researches

#	Research Title	Name of Investigator (s)
1	Insight in Schizophrenia and its Relationship to Socio-demographics Variables, Positive and Negative Symptoms and Attitude toward Treatment	Alshowkan, A & Gamal, A

Contribution to Scientific Conferences and Symposia

#	Conference Title	Place and Date of the Conference	Extent of Contribution
1.	Global Nursing Symposium	United States, Los Angeles – 8/1/2016	Paper “Insight in schizophrenia and its relationship to socio-demographics variables, positive and negative symptoms and attitude toward treatment”

2.	The International Society of Psychiatric-Mental Health Nurses	United States, Seattle – 26/3/2015	Nurses Attitude toward People with Mental Illness
3.	Macro-Trend Conference on Health and Medicine: Paris	France, Paris – 20/12/2013	Religion and quality of life for people with schizophrenia in Saudi Arabia
4.	2013 Clute Institute International Academic Conference	United States, Las Vegas – 15/5/2013	Leisure participation and satisfaction among Saudi Arabian individuals with schizophrenia
5.	Controversies in Psychiatric Practice	Saudi Arabia, Jeddah – 26/6/2011	Quality of life among people with schizophrenia in Saudi Arabia
6.	World Psychiatric Association Thematic Conference: Rethinking Quality in Psychiatry	Istanbul, Turkey - 9/6/2011	The quality of life of people with schizophrenia living in the community in Al-Khobar, Saudi Arabia
7.	The 16 th International 5 th World Conference of the A.P.P.A.C.	Greece, Athens – 17/5/2011	Does the quality of life of Saudi Arabian men and women with schizophrenia differ?

Membership of Scientific and Professional Societies and Organizations

- Arab Psychiatric Association
- Saudi Council for Health Specialties

Teaching Activities

Undergraduate

#	Course/Rotation Title	No./Code	Extent of Contribution (no. of lectures/Tutorials. Or labs, Clinics)
1	Psychology	1610- 321	8 lectures
2	Psychiatric & Mental Health Nursing	1610-331	6 lectures Clinical supervision
3	Teaching and Learning Skills (Level 1)	Nursing Bridging Program	8 lectures
4	Teaching and Learning Skills	1610-262	8 lectures

Postgraduate

#	Course/Rotation Title	No./Code	Extent of Contribution (no. of lectures/Tutorials. Or labs, Clinics)
1	Psychiatric and Mental Health Nursing Advanced 2	2601-556	8 lectures
2	Psychiatric and Mental Health Nursing Advanced 1	2601-556	8 lectures
3	Psychiatric and Mental Health Assessment	2601-558	8 lectures
4	Human Relation and Communication Skills	2601-561	8 lectures

Course Coordination

#	Course Title and Code	Coordination	Co-coordination	Undergrad.	Postgrad.	Academic Year
1	Psychology	√		√		2017
2	Teaching and Learning Skills	√				2016
3	Human Relation and Communication Skills	√			√	2016
4	Human Relation and Communication Skills				√	2016
5	Teaching and Learning Skills		√	√		2015
6	Psychiatric and Mental Health Nursing Advanced 2		√		√	2015
7	Psychiatric and Mental Health Nursing Advanced 1		√		√	2014
8	Psychiatric and Mental Health Assessment	√			√	2014

Student Academic Supervision and Mentoring

#	Level	Number of Students	From	to
1	3 RD Level	10	Sep 2016	Feb 2017
2	Master	1	Sep 2015	August 2016

Supervision of Master and/or PhD Thesis

#	Degree Type	Title	Institution	Date
1	Master	Burnout and Personality traits among psychiatric nurses working at Al-Amal Complex for Mental Health in Dammam, Saudi Arabia	University of Dammam	2016

Administrative Responsibilities, Committee and Community Service (Beginning with the most recent)

Administrative Responsibilities

#	From	To	Position	Organization
1	Sep 2016	Now	Chairperson of Scholarship, Demonstrator, and Postgraduate Unit	IAU – College of Nursing
2	Sep 2016	Now	Member at Scientific Research Unit	IAU – College of Nursing
	Sep 2013	Sep 2016	Coordinator of Internship	IAU – College of Nursing

Personal Key Competencies and Skills: (Computer, Information technology, technical, etc.)

1	Information Technology
2	Computer

Last Update

15/10/2017