



Dr. Rizwan Ahmad

Ag-Medal (2005)

Best researcher Awards 2017-2018 & 2018-2019

Top 2% World Scientists Recognition 2021 & 2022

1st & 4th track nomination for President's list of Distinguished researchers (2022)

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Position:	<i>Associate Professor</i>
Nationality:	<i>Pakistani</i>
Languages:	<i>English, Urdu, Pashto, Punjabi</i>

Academic Career

Ph. D.	2013	1 st Division	University of Antwerp, Belgium and University of Karachi, Pakistan
B. Pharm.	2006	1 st Division	University of Malakand, Pakistan
H. S. S. C	2001	1 st Division	B. I. S. E Swat, K. P. K, Pakistan
S. S. C	1999	1 st Division	B. I. S. E Swat, K. P. K, Pakistan

Funded Research Projects

Research Title	Fund & duration	Funder	Role
Novel green extraction and metabolomic analysis for natural products with screening for potential biological activities against emerging diseases using advanced hyphenated techniques	0.1M SAR (2023-2024)	Ministry of Education, Kingdom of Saudi Arabia (#IFP-22-UQU-4280107-DSR-191)	Co-PI
Comparative preclinical studies of different routes of “insulin mimicking herbal novel Nano formulation” in the treatment of diabetes and its stress markers	1M SAR (2021-2023)	Ministry of Health, Kingdom of Saudi Arabia (#IF-2020-035- Pharm)	PI
Cyclopeptide Alkaloids as AGEs (advanced glycation end products) inhibitors.	0.01M € (2012-2013)	IRSIP, HEC & University of Antwerp, Belgium (1-8/HEC/HRD/2011/2162)	PI

PI: Principle investigator,

Publications

<https://scholar.google.com/citations?hl=en&user=NgRTj3oAAAAJ>

https://www.researchgate.net/profile/Rizwan_Ahmad30/publications

1. **Rizwan Ahmad***, Riaz M, Aldholmi M, Alsulays A, Alsulais W, et al., *Solanum pseudocapsicum* vs *Capsicum annum*; comparative phenolics profiling using green ultrasonic extraction and UHPLC analysis. *Ultrasonics Sonochemistry*. 103, 106789. (2024)
2. **Rizwan Ahmad***, Aldholmi M, Alqathama A, Al Nahab HZ, Almutawah AH et al. A comprehensive LCMS/MS characterization for the green extracted cucurbitane-triterpenoid glycosides from bitter melon (*Momordica charantia*) fruit. *Food Chemistry*. 1-138479, (2024)
3. AlQathama A, **Rizwan Ahmad**. Muslim pilgrims' knowledge, attitudes, and practices regarding complementary and alternative medicine (CAM); a study conducted during Hajj season. *Saudi Pharmaceutical Journal*. 32(03) (2024)
4. Khan I, Khan U, Khan W, Alqathama A, Riaz M, **Rizwan Ahmad**, Alam MM. Antibacterial and antibiofilm potentials of *Rumex dentatus* root extract characterized by HPLC-ESI-Q-TOF-MS. *Saudi Journal of Biological Sciences*. 31(04) (2024)
5. Serafi AS, Ahmed M, Shahid I, Azmat A, Bader A, Bafail MA, Alaamri S, **Rizwan Ahmad***. Antihyperglycemic, antiglycation, antihypercholesteremic, and toxicity evaluation with gas chromatography mass spectrometry profiling for *Aloe armatissima* leaves. *Open Chemistry (De Gruyter)*. 04(2024)
6. **Rizwan Ahmad***, Alqathama A, Alam MM, Riaz M, et al. biological quality and phytochemical profiling of olive fruits using gas chromatography–mass spectrometry (GCMS) analysis. *Chemical and Biological Technologies in Agriculture*. 10:45 (2023)
7. **Rizwan Ahmad***, Alqathama A, Aldholmi M, Riaz M. Ultrasonic-assisted extraction of fenugreek flavonoids and its geographical-based comparative evaluation using green UHPLC-DAD analysis. *Ultrasonics Sonochemistry*. 25; 95: 106382 (2023)
8. **Rizwan Ahmad***, Alqathama A, Aldholmi M, Riaz M, Abdallah AN, et al., Anti-diabetic and anticancer potentials of *Mangifera indica* L. from different geographical origins. *Pharmaceuticals*. 16(350) (2023)
9. **Rizwan Ahmad***, Alqathama A, Aldholmi M, Riaz M. The effect of natural antioxidants, pH, and green solvents upon catechins stability during ultrasonic extraction from green tea leaves (*Camellia sinensis*). *Ultrasonics Sonochemistry*. 94(03) (2023)
10. **Rizwan Ahmad***, Alqathama A, Aldholmi M, Riaz M, Mukhtar M.H, et al., Biological Screening of *Glycyrrhiza glabra* L. from Different Origins for Antidiabetic and Anticancer Activity. *Pharmaceuticals*. 16, 7 (2023)
11. Roheel A, Khan A, Anwar F, Akbar Z, Akhtar MF, Imran Khan M, Sohail MF, **Rizwan Ahmad**. Global epidemiology of breast cancer based on risk factors: a systematic review. *Frontiers in Oncology*. 13:1240098. (2023) doi: 10.3389/fonc.2023.1240098
12. Khan AU, Khan A, Shal B, Khan S, Khan M, **Rizwan Ahmad**, Riaz M. The critical role of the phytosterols in modulating tumor microenvironment via multiple signaling. A comprehensive molecular approach. *Phytotherapy Research*. 1-18. (2023)
13. Shabbir U, Mumtaz S, Riaz M, Khan U, Ilyas N, Nawaz I, **Rizwan Ahmad**, Khan W. Effect of Honey use with *Seriphidium chitralense* podlech on growth and biofilm formation of *Pseudomonas aeruginosa*. *Kuwait Journal of Science*. 50(4); 703-708
14. Kangevari Am, Malekpour MR, Masinaei M, Moghaddam SS, **Rizwan Ahmad**, et al. Effect of air pollution on disease burden, mortality, and life expectancy in North Africa and the Middle East: a systematic analysis for the Global Burden of Disease Study 2019. *The Lancet Planetary Health*. e358-e369:7(5) (2023)

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18. ***Rizwan Ahmad****, Alqathama A, Aldholmi M, Riaz M, Abdalla AN *et al.* Gas Chromatography-Mass Spectrometry (GC-MS) Metabolites Profiling and Biological Activities of Various *Capsicum annum* cultivars. *Plants-MDPI*. 11, 1022 (2022)
19. Aldholmi M, ***Rizwan Ahmad***, Carretero-Molina D, Wilkinson B, Reyes F, Genilloud O, O'Connell M, Ganesan A. Euglenatides, Potent Antiproliferative Cyclic Peptides Isolated from the Freshwater Photosynthetic Microalga *Euglena gracilis*. *Angewandte Chemie*. 03 (2022).
20. ***Rizwan Ahmad****, Aldholmi M, Alqathama A, Aldossary S, Bubshait S, Aljaber M *et al.*, A novel green extraction and analysis technique for the comprehensive characterization of mangiferin in different parts of the fresh mango fruit (*Mangifera indica*). *LWT-Food Science and Technology*. 159(04) (2022)
21. ***Rizwan Ahmad****, Shabaan H, Issa SY, Alghamdi M, *et al.*, ICP-MS determination of elemental abundance in traditional medicinal plants commonly used in the Kingdom of Saudi Arabia. *Food additive and Contaminants: Part B*. 15(3) (2022)
22. Mostafa A, Shaaban H, Alqarni AM, Alsultan S, Al-Saeed JS, Alsaba S, ***Rizwan Ahmad***. Vortex-assisted dispersive liquid–liquid microextraction using thymol based natural deep eutectic solvent for trace analysis of sulfonamides in water samples: Assessment of the greenness profile using AGREE metric, GAPI and analytical eco-scale. *Microchemical Journal*. 183(107976) (2022)
23. Abdalla AN, Stefano MD, Poli G, Tuccinardi T, ***Rizwan Ahmad***, Alkahtani HM, El-Azab AS, Alqathama A. Co-inhibition of P-gp and Hsp90 by an isatin-derived com-pound contribute to increasing the chemosensitivity of MCF7/ADR-resistant cells to doxorubicin. *Molecules (MDPI)*. 27, 90 (2022)
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27. Riaz M, Khan M, ***Rizwan Ahmad***, AlLehaibi LH, Rahman N, Deqiang D. Evidence-based anti-viral and immunomodulatory potential of Black cumin (*Nigella sativa* L.) in COVID-19.

- Boletín Latinoamericano y del Caribe de Plantas Medicinales y Aromáticas (BLACPMA)*. 21(2): 176-206 (2022) <https://doi.org/10.37360/blacpma.22.21.2.11>
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 33. **Rizwan Ahmad***, AlLehaibi LH, AlSuwaidan HN, Alghiryafi AF, Almubarak LS, AlKhalifah KN, AlMubarak HJ. Evaluation of clinical trials for natural products used in diabetes: An evidence-based systemic literature review. *Medicine (Lippincott)*. 100:16(e25641) (2021)
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41. **Rizwan Ahmad***, AlLehaibi LH, Alshammari AK, Alkhaldi SM. Quality Evaluation of the Clinical Trials for Natural Products Used in Cancer: An Evidence-Based Literature Review. *Applied Sciences*. 10(22), 7961 (2020)
42. **Rizwan Ahmad***, Ahmad N, Riaz M, et al., Optimization of extraction and quantification technique for phenolics content of garlic (*Allium sativum*); an application for comparative phytochemical evaluation based on cultivar origin. *Biomedical Chromatography*. e4942 (2020)
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51. Mohiuddin SG, Aziz S, Iqbal MZ, Naqvi AA, ***Rizwan Ahmed***, et. al., Knowledge, Attitude, and Practice of General Population toward Complementary and Alternative Medicines in Relation to Health and Quality of Life in Sungai Petani, Malaysia. *J Pharmacy and Bio allied Sciences*. 12(1):57-63 (2020)
52. Khan S, Ahmad Z, Aziz S, Hanif M, ***Rizwan Ahmad***, Mohiuddin S. Phytochemical screening and enzymatic and antioxidant activities of *Erythrina suberosa* (Roxb) bark. *J Pharmacy and Bio allied Sciences*. 12(2):192-200 (2020)
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57. Shehzad A, Zahid H, ***Rizwan Ahmad***, Al-Suhaimi EA. A Natural product Decursin enhances the radio sensitization of ionizing radiation against DMBA-Induced tumour. *International Journal of Applied Pharmaceutics*. 11(3):14-16 (2019)
58. Almubayedh H, ***Rizwan Ahmad****. Ethnopharmacological uses, phytochemistry, biological activities of *Debregeasia salicifolia*: A review. *Journal of Ethnopharmacology*, 231(3):179-186 (2019)
59. Naqvi AA, Zehra F, Khan N, ***Rizwan Ahmad***, McGarry K. Interactions and conflicts of interests between prescribers and medical sales representatives (MSRs) regarding prescribing and drug promotion practices in Karachi, Pakistan. *PJPS* 32(2):687-695 (2019)
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72. Naqvi AA, Zehra F, Rizwan Ahmad, Ahmad N. Awareness, knowledge and attitude towards breast cancer, breast screening and early detection techniques among women in Pakistan. *Journal of Pakistan medical association*. 68(4); 576-586: (2018)
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74. Rizwan Ahmad*, Naqvi AA, Ahmad N et al., Awareness, Perception, Attitude, and Knowledge Regarding Complementary and Alternative Medicines (CAMs) Among the Pharmacy and Medical Students of a Public University in Saudi Arabia. *Archives of Pharmacy Practice*. 8(02); 51-63 (2017)

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77. Al-Shagawi MA, **Rizwan Ahmad***, Naqvi AA, Ahmad N. Determinants of academic stress and stress-related self-medication practice among undergraduate male pharmacy and medical students of a tertiary educational institution in Saudi Arabia. *Tropical journal of pharmaceutical research*. 16 (12): 2997-3003. (2017)
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96. Naqvi AA, Naqvi SBS, Shahid S, Yazdani N, **Rizwan Ahmad**. Barriers to rehabilitation treatment among poliomyelitis infected patients in Karachi, Pakistan: a mix methods study. *Khyber Medical University Journal.* 8(1); (2016)
97. Naqvi AA, Nabeel K, **Rizwan Ahmad**, Farrukh RA, Ken M, Mahrukh A. Perceptions and Attitude of Medical sales Representatives (MSRs) and Prescribers Regarding Pharmaceutical

- sales Promotion and Prescribing Practices in Pakistan. *Journal of Young Pharmacists*. 8(3): 244-250; (2016)
98. Naqvi AA, Rizwan Ahmad, Omar Q, Muhammad N, Madiha A. The prevalence of self-medication and the factors influencing its practice in pharmacy students of Karachi, Pakistan: A mix mode study. *Journal of Young Pharmacists*. 8(3): 230-238; (2016)
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 100. Atul U, Emmy T, Rizwan Ahmad, Sandra A, Luc P, Nina H. Kavalactones, a novel class of advanced glycation end-products inhibitors, prevent *in-vitro* protein glycation via metal chelation. *Planta. Med.* 80(12): 1001-1008 (2014)
 101. Rizwan Ahmad, Mansoor A, Meh J, Noor J. Phytochemical Screening and Anti-oxidant activity of the two Plants “*Ziziphus oxyphylla*” and “*Cedrela serrata*”. *Pak. J. Pharm. Sci.* Sep; 27(5): 1477-1482, (2014)
 102. Atul U, Jamnian C, Rizwan Ahmad, Shinkichi T, Luc P. Chemical composition, Anti-neuraminidase, and Anti-atherogenic activities of the essential oil from two varieties of *Alpinia zerumbet* Leaves. *J. Food sci. & Technol. Nepal.*, 7, 22-30, (2014)
 103. Rizwan Ahmad, Atul U, Mansoor A, Luc P. Antioxidant, Antiglycation and antibacterial activities of *Ziziphus oxyphylla* and *Cedrela serrata* extracts. *European Journal of Medicinal plants*. 3(4): 520-529, (2013)
 104. Rizwan Ahmad, Luc P, Najm-ur-Rahman, Muhammad R. Antimicrobial and Antioxidant Activity of Crude Extracts of Two Medicinal Plants *Pistacia integerrima* and *Debregeasia salicifolia*. *Int. J. Pharm. Sci. Rev. Res.* 18(1), 13-17, (2013)
 105. Zhani K, Hermans N, Rizwan Ahmad, Hannachi C. Evaluation of salt Tolerance (NaCl) in Tunisian Chili Pepper (*Capsicum frutescens* L.) on Growth, Mineral Analysis and Solute Synthesis. *Journal of stress physiology & Biochemistry*. 9 (1), 209-228, (2013)
 106. Najmur R, Mansoor A, Muhammad R, Mehjabeen, Noor J, Rizwan Ahmad. Phytochemical, antimicrobial, insecticidal and brine shrimp lethality bioassay of the crude methanolic extract of *A. parviflora*. *Pak. J. Pharm. Sci.*, 26(4): 751-756, (2013)

Books and Chapters published

107. Sharif S, Zahid M, Zia-Ul-Haq M, Rizwan Ahmad. Chapter 6 “Face Masks and Hand Sanitizers” in book “The COVID-19 Pandemic, A Multidisciplinary Review of Diagnosis, Prevention and Treatment”. ISBN: 9781774910504. Published 7th July 2022 (Taylor & Francis). 1st Edition, Pages 52. DOI: <https://doi.org/10.1201/9781003283607>
108. Bano N, Rizwan Ahmad, Khan Z, Khan M. Chapter 7 “Lockdown as a Strategy to Control COVID-19” in book “The COVID-19 Pandemic, A Multidisciplinary Review of Diagnosis, Prevention and Treatment”. ISBN: 9781774910504 Published 7th July 2022 (Taylor & Francis). 1st Edition, Pages 29. DOI: <https://doi.org/10.1201/9781003283607>

109. Khan M, Faheem M, **Rizwan Ahmad**, Riaz M. Chapter 8 “Vaccines Against COVID-19” in book “The COVID-19 Pandemic, A Multidisciplinary Review of Diagnosis, Prevention and Treatment”. ISBN: 9781774910504 Published 7th July 2022 (Taylor & Francis). 1st Edition, Pages 33. DOI: <https://doi.org/10.1201/9781003283607>
110. Riaz M, **Rizwan Ahmad**, Zia-Ul-Haq M. “Carotenoids as Antiobesity Agents” in book entitled “Carotenoids: Structure and Function in the Human Body”. Pages no. 569-584. ISBN: 978-3-030-46458-5 (Springer Publisher). (2021) <https://www.springer.com/gp/book/9783030464585>
111. **Rizwan Ahmad**, Ahmad N, Naqvi AA. Role of traditional Islamic and Arabic plants in Cancer therapy (TAI plants & Cancer). ISBN: 978-3-659-86864-1. LAP LAMBERT Academic Publishing, Germany. (2017)

Distinguished Awards and Achievements

- **“Top 2% World Scientists Recognition”**, for the year 2022, as released by Stanford University on 17th October, (2022).
- **“The Annual University Award for Student Research”** (2nd track of Student Research Publication Initiative)” for the year 2022, awarded by Deanship of Scientific research, Imam Abdulrahman Bin Faisal University, Kingdom of Saudi Arabia (2022). LWT (Mango)
- Nomination for **“First Track; researcher with highest number of publications in colleges”** at **“IAU University President’s List of Distinguished researchers”** for the year 2021
- Nomination for **“Fourth Track; Top 10 researchers in the University with highest citations in the last six years”** at **“IAU University President’s List of Distinguished researchers”** for the year 2021
- **“Top Cited Article”** certificate by **“Wiley Publisher”** for the article in **“Biomedical Chromatography”** journal (2022).
- **“The Annual University Award for Student Research”** (2nd track of Student Research Publication Initiative)” for the year 2021, awarded by Deanship of Scientific research, Imam Abdulrahman Bin Faisal University, Kingdom of Saudi Arabia (2021). Ultrasonic (Liquorice)
- **“Top 2% World Scientists Recognition”**, for the year 2021, as released by Stanford University on 19th October, (2021).
- **“Best Researcher Award”** for more in number of publications in the year 2018-2019, College of Clinical Pharmacy, IAU, Saudi Arabia (2019).
- **“Best Researcher Award”** for more in number of publications in the year 2017-2018, College of Clinical Pharmacy, IAU, Saudi Arabia (2018).
- **“Appreciation letter from Rector, Imam Abdulrahman Bin Faisal University, KSA”** for **best teaching and lecturing skills** based on Course (CES) & Lecturing evaluation survey (LES)-2015/2016 (2016).
- Awarded with **Silver medal** (Ag-medal) during B. Pharmacy degree (Session 2001-2005).
- Awarded with **Belgium fellowship**, under IRSIP, by HEC, Pakistan.

- Qualified *GRE (Subjective) and NTS (General)* tests conducted by HEC, Pakistan.
- Got *2nd position* during S.S.C exams under B.I.S.E Swat, Pakistan.
- Got *1st Division throughout* Academic Career.
- Got *Certificate* for Qualifying Short course “**Different Instrumental techniques**” organized by UVAS (University of Veterinary & Animal Sciences) Lahore, Pakistan.

Current Research Projects

Research Title	Name of Investigator(s)
The use of surfactants to enhance the solubility and extraction of Piperine from <i>Piper nigrum</i>	Rizwan Ahmad
Water as a green replacement solvent for extraction of phenolics from different matrices	Rizwan Ahmad
The comparative analysis of flavonoids profiling for green and dried fruit of <i>Quercus baloot</i> with its cytotoxic activities	Rizwan Ahmad/MA
Green accelerated solvent extraction (ASE) with solvent and temperature effect on Phenolic yield in pomegranate and its ultra-high-pressure liquid chromatography (UHPLC-DAD) analysis	Rizwan Ahmad

MA=Mohammed Al-Dholami

Research Projects Completed

Investigator(s) (Supported by)	Research Title	Report Date
Rizwan Ahmad (IAU, Saudi Arabia)	A comprehensive LC-MSMS characterization of bitter melon cucurbitane-triterpenoid glycosides with its antiviral activity (KVIII, KX, KXII)	Aug, 2023
Rizwan Ahmad (IAU, Saudi Arabia)	<i>Pseudo capsicum Vs Capsicum annum</i> ; optimization and comparative evaluation for the green extraction and analysis of phenolic compounds	June, 2023
Rizwan Ahmad (IAU, Saudi Arabia)	Green extraction and LCMSMS analysis for Diosgenin from fenugreek samples	Apr, 2023
Rizwan Ahmad (IAU, Saudi Arabia)	The effect of pH, green solvents, and antioxidants on Ultrasound assisted extraction of green tea Catechins with LCMS/MS analysis	Nov, 2022
Rizwan Ahmad (IAU, Saudi Arabia)	Screening the biological activities for liquorice and mango samples from different geographical origin	Sep, 2022
Rizwan Ahmad (IAU, Saudi Arabia)	Optimization of green accelerated solvent extraction (ASE) and LC-MS/MS analysis of Mangiferin with antioxidant, antidiabetic, and anticancer activity	June, 2021
Rizwan Ahmad (IAU, Saudi Arabia)	Optimization of green Ultrasonication-assisted-extraction (UAE) and LC-MS/MS analysis of Glycyrrhizic acid with antioxidant, antidiabetic, and	Mar, 2021

	anticancer activity	
Rizwan Ahmad (IAU, Saudi Arabia)	Green accelerated solvent extraction (ASE) with solvent and temperature effect and green UHPLC-DAD analysis of Phenolics in Pepper fruit (<i>Capsicum annum L</i>) from different cultivars	Apr, 2020
Rizwan Ahmad (IAU, Saudi Arabia)	Evaluation of solvent and temperature effect on green accelerated solvent extraction (ASE) and UHPLC-DAD quantification of phenolic compounds in fresh olive fruit	Apr, 2020
Rizwan Ahmad (IAU, Saudi Arabia)	Optimization of extraction and quantification technique for phenolics content of garlic (<i>Allium sativum</i>); an application for comparative phytochemical evaluation based on cultivar origin.	Feb, 2020
Rizwan Ahmad (IAU, Saudi Arabia)	Solvent and temperature effect of accelerated solvent extraction (ASE) coupled with ultra-high-pressure liquid chromatography (UHPLC-PDA) for the determination of methyl xanthines in commercial tea and coffee	Dec, 2019
Rizwan Ahmad (IAU, Saudi Arabia)	Solvent and temperature effects of accelerated solvent extraction (ASE) with Ultra-high-pressure liquid chromatography (UHPLC-PDA) technique for determination of Piperine and its ICP-MS analysis	Nov, 2019
Rizwan Ahmad (IAU, Saudi Arabia)	Solvent and temperature effects of Accelerated solvent extraction (ASE) coupled with Ultra-high-pressure liquid chromatography (UHPLC-PDA) technique for determination of Thymoquinone in commercial food samples of black seeds (<i>Nigella sativa</i>)	Oct, 2019
Rizwan Ahmad (IAU, Saudi Arabia)	Quality Variation and standardization of black pepper (<i>Piper nigrum</i>): A comparative geographical evaluation based on instrumental and metabolomics analysis	Sep, 2019
Rizwan Ahmad (IAU, Saudi Arabia)	Quality Variation and standardization of black seeds (<i>Nigella sativa</i>): A comparative geographical evaluation based on instrumental and metabolomics analysis	Sep, 2019
Rizwan Ahmad (IAU, Saudi Arabia)	Extraction of methyl xanthines and their UHPLC-DAD determination in consumable beverages used in Eastern province of Saudi Arabia	Aug, 2019
Rizwan Ahmad (IAU, Saudi Arabia)	Extraction and UHPLC–DAD detection of undeclared substances in market-available dietary supplements and slimming products in Eastern region, Saudi Arabia: An application of principal component analysis	July, 2019
Rizwan Ahmad /NA (IAU, Saudi Arabia)	Pharmacokinetic Interaction Study for Simvastatin and Parsley and Its Plasma Quantification Using LC-MS: A Focus on Drug Metabolic Enzymes	Apr, 2018
Rizwan Ahmad /AAN (IAU, Saudi Arabia)	Evaluation of Aromatherapy with Lavender oil on Academic Stress: A Randomized Placebo Controlled Clinical Trial	Mar, 2018
NA/Rizwan Ahmad (IAU, Saudi Arabia)	Determination and quantification of Thymoquinone in <i>Nigella Sativa</i> extract by UHPLC: An application in	Mar, 2018

	black seed cultivation in India, Pakistan and KSA.	
AAN/Rizwan Ahmad (IAU, Saudi Arabia)	Assessing dietary supplements use among undergraduate students of health and non-health colleges of IAU, Saudi Arabia.	Feb, 2018
Rizwan Ahmad (IAU, Saudi Arabia)	Ethno-pharmacological uses and knowledge regarding Cinnamon (<i>Cinnamomum zeylanicum</i>) in Eastern province, Saudi Arabia.	Nov, 2017
AAN/Rizwan Ahmad (IAU, Saudi Arabia)	Academic Stress and Prevalence of Stress-Related Self-Medication among Undergraduate Female Students of Health and Non-Health Cluster Colleges of a Public Sector University in Dammam, Saudi Arabia.	May, 2017
AAN/Rizwan Ahmad (IAU, Saudi Arabia)	Prevalence of Self-Medication among Students of Pharmacy and Medicine Colleges of a Public Sector University in Dammam City, Saudi Arabia.	Feb, 2017
Rizwan Ahmad /NA/AAN (IAU, Saudi Arabia)	Awareness, Knowledge and Perception towards Complementary and Alternative Medicines (CAMs) among Medical, Pharmacy and Nursing students of University of Dammam, Kingdom of Saudi Arabia.	Jan, 2017
Rizwan Ahmad (IAU, Saudi Arabia)	Predictors of stress and stress related self-medication among Undergraduate students at IAU, Saudi Arabia.	Jan, 2017
Rizwan Ahmad (IAU, Saudi Arabia)	Pharmacist Perceived barriers to Patient counselling, a study in eastern region KSA.	Dec, 2016
Rizwan Ahmad (IAU, Saudi Arabia)	Pharmacist Perceived responses of Physicians and Patients to suggested alternative drugs. A study in retail and hospital pharmacist Dammam, Saudi Arabia.	Dec, 2016
Rizwan Ahmad (University of Karachi, Pakistan)	Phytochemical screening of two medicinal plants ' <i>Z. oxyphylla</i> ' & ' <i>C. serrata</i> '.	June, 2013

NA=Niyaz Ahmad, AAN=Atta Abbas Naqvi

Experience

Research Experience

- Worked as **Research Scholar** (2012-2013), at Prof. Dr. Luc Pieter's Lab of Pharmacognosy and Natural product Isolation (Natural Products and Food – Research and Analysis (NatuRA) research group), **University of Antwerp, Belgium**.
- Worked as **Research Scholar** since July, 2010 at Research Institute of Pharmaceutical Sciences, Faculty of Pharmacy, **University of Karachi, Pakistan**.

Professional Experience

Job Rank	Place and Address of Work	Date	
Associate Professor	Imam Abdulrahman Bin Faisal University, Dammam, Saudi Arabia	31 st August, 2023	Continued
Assistant Professor	Imam Abdulrahman Bin Faisal University, Dammam, Saudi Arabia	31 st August, 2014	31 st August, 2023
Assistant Professor	Hamdard University, Karachi, Pakistan	September, 2013	26 th August, 2014
Lecturer	Hamdard University, Karachi, Pakistan	10 th June, 2010	September, 2013
Asst Q.C In-charge	Semos Pharmaceuticals, Pvt. Ltd, Karachi, Pakistan	1 st January, 2009	1 st June, 2010
Production In-charge	Orient Pharmaceuticals, Pvt. Ltd, Lahore, Pakistan	18 th May, 2006	January, 2008
Internee Pharmacist	Neomedix Pharmaceuticals, Pvt. Ltd, Islamabad, Pakistan	3 rd April, 2006	17 th May, 2006
Assistant Pathologist	City clinical Lab, Pvt. Ltd, Mingora, K.P.K, Pakistan	3 rd January, 2006	1 st April, 2006
Retail Pharmacist	Arshad Pharmacy, Swat, K.P.K, Pakistan	January, 2005	January, 2006

TOTAL EXPERIENCE:

17 Years, 02 Months, 29 Days

Administrative positions held

Administrative Position	Office	Date	
Research committee Coordinator	College of Clinical Pharmacy, IAU, KSA	15 th Sep, 2019	10 th Oct, 2020
Department Coordinator	College of Clinical Pharmacy, IAU, KSA	31 st Aug, 2014	20 th Mar, 2020

Posters and Abstract Presentations

#	Name of Investigator(s)	Research Title and role	Conference and Publication Date
1	<u>Rizwan Ahmad</u> , Hind, Lina	Evaluation of clinical trials for natural products used in diabetes (Poster presentation)	1st SSCP (Saudi society of Clinical Pharmacy) Annual International Conference, 07th-09th September, 2021 Riyadh, K.S. A

2	<u>Rizwan Ahmad,</u> Zainab A. Alsadah, Heba R. Al-Shaban	Quality variation and standardization of black pepper (<i>Piper nigrum</i>): A comparative geographical evaluation based on instrumental and metabolomics analysis (10th position in Poster presentation)	KSAPT (Knowledge, Skills, Abilities in pharmacy and toxicology conference) Online Symposium/Workshops (5th-10th December, 2020) At Le Méridien, Al Khobar, KSA
3	<u>Rizwan Ahmad,</u> Zainab A. Alsadah, Heba R. Al-Shaban, Noor A. Aldawood	Quality variation and standardization of black pepper (<i>Piper nigrum</i>): A comparative geographical evaluation based on instrumental and metabolomics analysis (Poster presentation)	DUPHAT (Dubai International Pharmaceutical & Technology Conference & Exhibition) 25th – 27th February, 2020 Dubai, UAE
4	<u>Rizwan Ahmad</u> & Wejdan A	Solvent and temperature effect of accelerated solvent extraction (ASE) coupled with ultra-high-pressure liquid chromatography (UHPLC-PDA) for the determination of methyl xanthines in commercial tea and coffee (Oral presentation)	SIPHA (Saudi International Pharmaceutical Sciences Meeting and Workshops) 21st – 23rd January, 2020 Riyadh, Saudi Arabia
5	<u>Rizwan Ahmad</u> & Al-Othman F	Extraction of methyl xanthine and their UHPLC–DAD determination in consumable beverages used in Eastern province of Saudi Arabia (Oral presentation)	SIPHA (Saudi International Pharmaceutical Sciences Meeting and Workshops) 21st – 23rd January, 2020 Riyadh, Saudi Arabia
6	<u>Rizwan Ahmad</u> & Al-Othman F	Extraction of methyl xanthine's and their UHPLC–DAD determination in consumable beverages used in Eastern province of Saudi Arabia (Poster presentation)	April, 2019 IAU, Saudi Arabia
7	<u>Rizwan Ahmad</u> & Wejdan A	Solvent and temperature effect of accelerated solvent extraction (ASE) coupled with ultra-high-pressure liquid chromatography (UHPLC-PDA) for the determination of methyl xanthine in commercial tea and coffee (Poster presentation)	April, 2019 IAU, Saudi Arabia
8	<u>Rizwan Ahmad</u> & Al-Hudaithy	Extraction and UHPLC–DAD detection of undeclared substances in market available dietary supplements and slimming products in Eastern region, Saudi Arabia: An application of principal component analysis	April, 2019 IAU, Saudi Arabia

		(Poster presentation)	
9	<u>Rizwan Ahmad</u> & Hanine A.	Ethnopharmacological uses and public knowledge regarding <i>Cinnamomum zeylanicum</i> in Khobar, Saudi Arabia. (Poster presentation)	DUPHAT (Dubai International Pharmaceutical & Technology Conference & Exhibition), Dubai, UAE (26 th – 28 th February, 2019)
10	<u>Rizwan Ahmad</u>	Permanent Development of Deserts. (Student supervision, arrangement and poster presentation)	22 nd – 24 th January, 2019 IAU, Saudi Arabia
11	<u>Rizwan Ahmad</u> & AlBukhyatan	Clinical effect of aromatherapy on stress; a randomized, placebo-controlled phase-I clinical trial	April, 2018 IAU, Saudi Arabia
112	<u>Rizwan Ahmad</u> & Al-Amer MA	Preclinical studies on drug-herb interactions and its plasma quantification using HPLC/DAD	April, 2018 IAU, Saudi Arabia
13	<u>Rizwan Ahmad</u> & Elewi AA	Dietary supplements use among undergraduate male students in health and non-health clusters colleges of a public-sector University in Dammam, Saudi Arabia.	April, 2018 IAU, Saudi Arabia
14	<u>Rizwan Ahmad</u> & Al-Layly A	Ultra-high-performance liquid chromatography-based identification and quantification of Thymoquinone in <i>Nigella sativa</i> extract from different geographical regions.	April, 2018 IAU, Saudi Arabia
15	<u>Rizwan Ahmad</u> & Wejdan AA.	“Nutraceuticals as potential therapeutic agent; an evidence-based clinical review (2012-2017)”. (Poster presentation)	2 nd International research conference, RCSI Bahrain. (23 rd November, 2017).
16	<u>Rizwan Ahmad</u> & Al-Qanbar F	Pharmacist perceived Barriers to Patient counselling in Saudi Arabia	May, 2017 IAU, Saudi Arabia
17	<u>Rizwan Ahmad</u> & Al-Latif F	Physician responses to Pharmacist suggested pharmaceutical alternative	May, 2017 IAU, Saudi Arabia
18	<u>Rizwan Ahmad</u> & Al-Shaqavi	Self-medication in stress among undergraduate health students, UOD, Saudi Arabia	May, 2017 IAU, Saudi Arabia
19	<u>Rizwan Ahmad</u> & Al-Zahrani F	Job satisfaction among Retail pharmacists in Eastern region of Saudi Arabia.	May, 2017 IAU, Saudi Arabia
20	<u>Rizwan Ahmad</u>	Antiplasmodial activity of cyclopeptide alkaloids from <i>Hymenocardia acida</i> and <i>Ziziphus oxyphylla</i> . (Poster presentation)	9 th Joint Natural Products Conference, Copenhagen, Denmark (24 th – 27 th July, 2016). Planta Med; 81(S01): S1-S381, 2016. DOI: 10.1055/s-0036-1596169

21	<u>Rizwan Ahmad</u>	World day for Safety and Health at Work Symposium “Stress at Workplace: A collective Challenge”. (Participant)	28 th April, 2016 IAU, Saudi Arabia (Accredited by Saudi Commission of Health specialties) CME/PD Cr. Hr. 7
22	<u>Rizwan Ahmad</u>	“1st Annual Scientific Research Update: Medicine & Biomedical Research 2015”. (Participant)	5 th – 7 th April, 2015 IAU, Saudi Arabia
23	<u>Rizwan Ahmad</u>	Anti-oxidant and Anti-glycation constituents from <i>Ziziphus oxyphylla</i> and <i>Cedrela serrata</i> . (Poster presentation)	61 st GA conference on Natural Products, Munich, Germany (1 st – 5 th September, 2013). Planta Med; 79 - PN2: 2013. DOI: 10.1055/s-0033-1352346
24	<u>Rizwan Ahmad</u>	Kavalactones as inhibitors of advanced glycation end products (AGEs) formation. (Poster presentation)	61 st GA conference on Natural Products, Munich, Germany (1 st – 5 th September, 2013). Planta Med; 79 – PN114: 2013. DOI: 10.1055/s-0033-1352456
25	<u>Rizwan Ahmad</u>	Advance Practices in Pharmacy. (Coordinator and organized Seminar)	29 th February, 2012 Faculty of Pharmacy, Hamdard University, Karachi, Pakistan
26	<u>Rizwan Ahmad</u>	“Current Challenges in Medicine and Therapy”. (Arranged workshop & Presented Poster)	“ 5th National Pharmacognosy Conference 2010 ”, 10 th July, 2010 Pearl Continental Karachi, Pakistan
27	<u>Rizwan Ahmad</u>	“1st National Pharmacy Conference on Old Plants and New Remedies”. (Participant)	8 th -10 th June, 2008 University of Malakand, Khyber Pukhtoon Khuwa, Pakistan

Committee participation

- **Co-ordinator “Research committee”** for college of Clinical Pharmacy, IAU, Saudi Arabia, 15th Sep, 2019 to 10th Oct, 2020.
- **Member “College Quality and evaluation”** committee for college of Clinical Pharmacy, IAU, Saudi Arabia, since **October, (2017)**.
- **Member “Academic affairs”** committee for college of Clinical Pharmacy, Imam Abdulrahman Bin Faisal University, K.S.A, since **September, (2017)**.
- **Member “Quality assessment and examinations”** committee for college of Clinical Pharmacy, IAU, Saudi Arabia, since **May, (2017)**.

- **Member** sub-steering committee “*Self-Evaluation scales for higher education programs*” college of Clinical Pharmacy, IAU, Saudi Arabia, since **April, (2017)**.
- **Member** “*Research committee*” College of Clinical Pharmacy, IAU, Saudi Arabia, since **May, (2016)**.
- **Member strategic planning committee**, College of Clinical Pharmacy, IAU, Saudi Arabia, since February, **(2016)**.
- **Department Coordinator**, Department of Natural Products & Alternative Medicines, College of Clinical Pharmacy, IAU, Saudi Arabia since **(2014)**.
- **Member Course Curriculum development committee**, College of Clinical Pharmacy, IAU, Saudi Arabia, since, **(2014)**.
- **Founder & Initiator**, Centre of Research Excellence for Bio-Molecular, Pharmaceutical and Nano-Technological studies on Islamic & Arabic Plants, IAU, K.S.A.
- **Member BOS and BOF**, Department of Pharmacognosy, Hamdard University, Karachi.
- **In charge admission cell** (Pharm-D, M. Phil and Ph. D), Hamdard University, Karachi.
- **Member Academic & student advisory committee** Hamdard University, Karachi.

Teaching and Lecturing Skills

- Audio-Visual sessions
- Traditional class rooms
- Open book exams
- Power point presentation
- Problem based learning (PBL)
- Flipped classrooms (FC)
- Groups discussion and class tasks assignment
- Active learning (High order thinking skills Q&A)
- Research groups and literature-based study

Courses supervised

- Natural products & alternative medicines.
- Pharmaceutical Microbiology & Immunology I & II.
- Advances in Pharmacognosy I & II.
- Pharmacognosy lab I & II.
- Clinical Pharmacognosy.
- Industrial Pharmacognosy.
- Instrumentation and Analysis, I & II.
- Instrumentation Labs.
- Spectroscopy of natural products.

Editorial member/Reviewer for Journals

- Reviewer “**Industrial Crops and Products**”, since **2020**
- Reviewer “**Journal of Integrative Medicines**” since **2019**
- Reviewer “**BMC Complementary and Alternative Medicines**” since **2019**
- Reviewer “**Biomedical Chromatography**”, since **2019**
- Editorial board member “**Annual research and review in Biology**” SCI, since **2017**.
- Editorial board member “**EC Pharmacology & Toxicology**” since **2017**.
- Editorial board member “**Asian Journal of Life sciences**” since **2016**.
- Editorial board member “**Applied Clinical Pharmacology and Toxicology**” since **2016**.
- Editorial board member “**International Journal of Applied Pharmaceutical and Biological research**” (IJAPBR) since **2016**.
- Reviewer “**Indian journal of pharmaceutical education and research**” since **2016**.
- Reviewer “**Evidence-based complementary and alternative medicines**” since **2015**.
- Reviewer “**Pure and Applied biology**” since **2015**.

Students Supervised

Name of Student	Year	Title of research Project
<i>Pharm-D Graduation Research Projects</i>		
Deema M. Alaswad Ayat Jaffer Al-Shehab	2023/ 2024	The use of surfactants to enhance the solubility and extraction of Piperine from <i>Piper nigrum</i>
Ahed A. Al-Sulais Wala'a M. Al-Sulais		Water as a green replacement solvent for extraction of phenolics from various natural products
Hassan Alutawah Hassan Zaki	2022/ 2023	A comprehensive LC-MSMS characterization of bitter melon cucurbitane-triterpenoid glycosides with its antiviral activity (KVIII, KX, KXII)
Muhammad M, Ali Fahmi, Nezar hassan	2021/ 2022	Volatile oil profiling using GCMS and comparative yield for different cultivars of essential oil-bearing edible herbs
Mahdi Alameer, Bukhader H, Alaseel M		Awareness and Knowledge of pharmacists regarding food-drug interactions in KSA
Alaa Al Darwish, Asma Abuhassan, Leena Alateeq	2020/ 2021	LC-MS/MS quantification of green accelerated solvent extracted (ASE) Mangiferin from <i>Mangifera indica</i> fruit with stability and anticancer studies
Saeed A. Aldossary, Muath A. Aljaber, Salem M. Bubshait		LC-MS/MS quantification of green accelerated solvent extracted (ASE) <i>Glycyrrhizic acid</i> from <i>Glycyrrhiza glabra</i> with stability and anticancer studies
Aljamea A Yousef MA Albuthayn SA	2019/ 2020	Evaluation of solvent and temperature effect on green accelerated solvent extraction (ASE) and UHPLC-DAD quantification of phenolic compounds in fresh olive fruit (<i>Olea europaea</i>)
Alyousef MM Bukhamsain AH		Green accelerated solvent extraction (ASE) with solvent and temperature effect and green UHPLC-DAD analysis

Alkhars AE Alkhars SA		of Phenolics in Pepper fruit (<i>Capsicum annum L</i>) from different cultivars
AlOthman F Mohammad H AlZahrani F	2018/ 2019	Lipid extraction, total solids and UHPLC-DAD determination of caffeine in consumable beverages used in Eastern province of Saudi Arabia and its toxicity evaluation via ICP-MS
AlAnaki WS Ismail FA		Solvent and temperature effect of Accelerated solvent extraction (ASE) on Methyl xanthine in different tea determined with UHPLC-DAD
AlHudaithy N AlHibshi A AlBukhari A		UHPLC-DAD detection of hazardous weight loss substances as adulterant in market available dietary supplements and slimming products with toxicity determination via ICP-MS.
AlQudaihi A Alaseel SE Fita IZ		Preparation of a novel curcumin nanoemulsion by ultrasonication and its comparative effects in wound healing and the treatment of inflammation
AlQudaihi A Alaseel SE Fita IZ		A novel self-nanoemulsifying drug delivery system for curcumin used in the treatment of wound healing and inflammation
AlEbrahim A AlBukhyatan H AlNasser A		2017/ 2018
AlMomatten H AlKhalifa A AlAmer MA	Preclinical studies on drug-herb interactions and its plasma quantification using HPLC/DAD	
Elewi AA AlAwa AH Alasiri MJ	Dietary supplements use among undergraduate male students in health and non-health clusters colleges of a public-sector University in Dammam, Saudi Arabia.	
Allayly A Alshawi H AlAli A	Ultra-high-performance liquid chromatography-based identification and quantification of Thymoquinone in <i>Nigella sativa</i> extract from different geographical regions.	
AlQanbar F	Pharmacist perceived Barriers to Patient counselling in Saudi Arabia	
AlLaif F	2016/ 2017	Physician responses to Pharmacist suggested pharmaceutical alternative
AlShaqavi M		Self-medication in stress among undergraduate health students, UOD, Saudi Arabia
AlZahrani FA		Job satisfaction among Retail pharmacists in Eastern region of Saudi Arabia.
AlBusalih FA		Prevalence of Self-Medication among Students of Pharmacy and Medicine Colleges of a Public Sector University in Dammam City, Saudi Arabia.
AlRasheed FA		Academic Stress and Prevalence of Stress-Related Self-Medication among Undergraduate Female Students of Health and Non-Health Cluster Colleges of a Public Sector University in Dammam, Saudi Arabia.

Undergraduate Students Research Projects		
AlMubayedh H	2018	Ethnopharmacological uses, phytochemistry, biological activities of <i>Debregeasia salicifolia</i> : A review.
AlSaeed W AlDhamen M		Clinical uses and toxicity of <i>Ephedra sinica</i> ; an evidence based comprehensive retrospective review (2004-2017).
AlJamea AM AlSadah HM		Clinical uses and toxicity of <i>Aloe vera</i> ; an evidence-based comprehensive retrospective review (2007-2017).
AlMassmoum S Balahmar EA Almutairi SF Albuainain GS	2017	Clinical uses and toxicity of Ergot (<i>Claviceps purpurea</i>); a comprehensive retrospective review (2003-2017).
AlMubayedh H		Ethnopharmacological uses and public knowledge regarding <i>Cinnamomum zeylanicum</i> in Khobar, Saudi Arabia.
AlMubayedh H		Clinical uses and toxicity of <i>Atropa belladonna</i> ; an evidence based comprehensive retrospective review (2003-2017).

Field of Specialization

- Green novel extraction, isolation, and pharmacological activities for natural products
- Green, shorter, and sensitive analytical method development and validation (LC-MS/MS, LC/UHPLC, GC/MS) for herbal, food, nutraceuticals, and pharmaceuticals products
- Standardization, quality, and toxicity determination (ICP-MS) for marketed products
- Clinical trials (Phase-I & II) for natural products in healthy individuals and patients.
- Use of herbs, its knowledge, interactions, and safety in community and health professional

Research Interests

Green extraction, identification and isolation of natural products

- Greener, shorter, and high yield extraction methods are developed and validated using various techniques i.e. Soxhlet, ASE (Accelerated solvent extraction), Soxtec (Advanced semi-automatic Soxhlet method), Ultrahigh sonication, Ultra-pressure homogenizer, Speed-extractor and high-speed homogenizer. Various bioassay-guided-protocols in combination with advanced Chromatographic methods (TLC, FC, and C.C), and Hyphenated techniques (LC/DAD, LC/MS, LC/SPE/NMR, UPLC/MS, NMR and Mass Spectroscopy) are used to isolate and identify these compounds/lead drugs.

Biological / Pharmacological activities

Isolated pure compounds are evaluated for various Pharmacological activities;

- **Antioxidant activity:** Compounds assessed through DPPH, ABTS, PMS-NADH and FRAP assays for antioxidant as well as Longevity effects/ageing (*Caenorhabditis elegans*).

- **Antiglycation activity:** Different (*In-vitro*) mechanisms a) Carbonyl entrapment b) Chelating activity, responsible for AGEs activity along with α -glucosidase enzyme inhibition is evaluated in order to search for novel anti-diabetic drugs.
- **Antimicrobial activity:** Agar well diffusion & serial micro dilution methods are used to find antimicrobial compounds for resistant species of Parasites/Plasmodium/bacteria/fungi.
- **Toxicity studies:** Compounds evaluated through various toxicity studies i.e. Insecticidal, Brine shrimp lethality study (LD₅₀) and MRC-5 cell line (CC₅₀) toxicity studies.

Standardization of Herbal, food, nutraceutical & Pharmaceutical products

- The market available herbal, food, nutraceutical, and pharmaceutical products from various manufacturer/geographical origin are standardized and evaluated for quality determination via novel, greener, shorter, and high yield extraction and analytical method development and validation. The toxicity of these samples is determined using ICP-MS technique.

Clinical trials, Herb-drug interactions and Community outreach programs

- Clinical trials in community emerging disease of hypertension, obesity, diabetes etc.
- Knowledge about interactions and use of herbs/herbal products with conventional medication
- Uses, knowledge, and perceptions of community regarding Complementary and Alternative medicines (CAMs) during pregnancy, lactation, hypertension, diabetes etc.

CME Accredited courses/Workshops

- Certificate of attendance for completing “**Training course for members of local committees of research ethics (IRB)**”, held on **20th October, 2019**, organized by National Committee of Bioethics, KACST (King Abdul Aziz City for Science & Technology) at King Fahad Specialist Hospital, Dammam-K.S.A. Accredited by SCHS, Dated: (15/09/2019) **(CME/PD credit hours; 7, Accreditation # 19000057892)**
- Certificate of attendance for completing “**Training course for members of local committees of research ethics (IRB)**”, held on **22nd April, 2018**, organized by KACST (King Abdul Aziz City for Science & Technology) at Johns Hopkins Aramco Health Centre, Dhahran-K.S. A **(CME/PD credit hours; 6, Accreditation # 18000043645)**.
- Certificate of attendance about, **World day for Safety and Health at Work Symposium “Stress at Workplace: A collective Challenge”**, held on **28th April, 2016** at IAU, Saudi Arabia **(Accredited by Saudi Commission of Health specialities: CME/PD cr. hrs; 7)**.
- Attended Workshop about “**Essential Skills of Health Profession Education (Curriculum Development)**” at IAU, Saudi Arabia, from **23rd – 25th Feb, 2015 (CME/PD cr. hrs; 24)**.

Conferences and Training Seminars

- Certificate of Attendance for a successful MACHEREY-NAGEL Gmbh & Co. KG training seminar, ***“Latest Techniques for Water and Waste Water Analysis”***, organized by ADECO group, at Sofitel Hotel Corniche, Al-Khobar, K.S.A, on **10th March, 2018**.
- Certificate of Attendance for a seminar, ***“LECO Solutions in Organic & Inorganic Elemental Analysis”***, organized by Naizak at Aloft Hotel Al-Khobar, K.S.A, on **19th February, 2017**.
- Certificate of attendance for **Thermo Fisher Scientific’s** seminar on ***“Chromatography & MS solutions in Food safety, Environment, Forensic, clinical & Toxicology”***, at Le Meridian Hotel, Al-Khobar, K.S.A on **9th October, 2016**.
- Attended ***“THERMO Solutions seminar in X-Ray & FTIR Spectroscopy – XRF/XRD; FTIR, RAMAN & Imaging Techniques”***, at Holiday Inn Hotel, Al-Khobar, K.S.A on **25th May, 2016**.
- Certificate of Attendance for a seminar, ***“Netzsch’s Complete Thermal Analysis Solutions”***, organized by Naizak at InterContinental Hotel Al-Khobar, K.S.A, on **28th February, 2016**.
- Certificate of Attendance for a seminar. ***“Anton Paar’s Innovative & Economic Solutions for Quality Control”***, organized by Naizak at Double Tree Hotel by Hilton at Dhahran, K.S.A, on **23rd November, 2015**.
- Attended ***“THERMO Solutions seminar in X-Ray & FTIR Spectroscopy – XRF/XRD; FTIR, RAMAN & Imaging Techniques”***, at Sofitel Hotel Corniche, Al-Khobar, K.S.A on **7th September, 2015**.
- Attended the conference ***“1st Annual Scientific Research Update: Medicine & Biomedical Research 2015”***, held at IAU, Saudi Arabia from **5th – 7th April, 2015**.
- Attended HACH LANGE Seminar on ***“Water Testing Solution”*** arranged by Naizak, held at Le Meridien Hotel Al-Khobar, Saudi Arabia, **3rd December, 2014**.
- Worked as **Coordinator** and organized Seminar on ***“Advance Practices in Pharmacy”***, organized by Faculty of Pharmacy, in Faculty of Pharmacy, Hamdard University, Karachi, on **29th February, 2012**.
- Arranged & Presented Poster at ***“5th National Pharmacognosy Conference 2010” on “Current Challenges in Medicine and Therapy”*** at Pearl Continental Karachi, Pakistan arranged by Pakistan Society of Pharmacognosy and Natural Therapy, **10th July, 2010**.
- Participated in Seminar arranged by Merck Pharmaceuticals on ***“Water Sanitation Problems”*** arranged at University of Karachi, Pakistan, **2009**.
- Attend Workshop ***“1st National Pharmacy Conference on Old Plants and New Remedies”*** held at University of Malakand, Khyber Pukhtoon Khuwa, Pakistan from **8th -10th June, 2008**.

Workshops & Lectures

- Certificate of Attendance for training program ***“Facilitating Metacognitive Strategies in the Classroom”***, organized by Deanship of Academic Development at IAU, Saudi Arabia, on **28th Sep, 2021**
- Certificate of Attendance for training program ***“Developing (SC) items”***, organized by The Centre for Quality of Assessment and Examinations, Vice Presidency for Academic Affairs at IAU, Saudi Arabia, on **14th Sep, 2021**
- Certificate of Attendance for training program ***“21st Century Skills in the Classroom”***, organized by Deanship of Academic Development at IAU, Saudi Arabia, on **28th Jan, 2020**
- Certificate of Attendance for training program ***“Attract Students with your PowerPoint”***, organized by Deanship of Academic Development at IAU, Saudi Arabia, on **24th Sep, 2019**
- Certificate of attendance for workshop ***“Using Action Research in Teaching and Assessment”*** held at IAU, Saudi Arabia, on **26th September, 2018**
- Certificate of attendance for workshop ***“Enhancing Learning through the Use of Technology”*** held at IAU, Saudi Arabia, on **12th September, 2018**
- Certificate of attendance for workshop ***“Effective Strategies for Team Based Learning”*** held at IAU, Saudi Arabia, on **1st March, 2018**
- Certificate of attendance for workshop ***“Effective Strategies for Team Based Learning”*** held at IAU, Saudi Arabia, on **28th February, 2018**.
- Certificate of attendance for workshop ***“Flipped Classrooms”*** held at IAU, Saudi Arabia, on **31st October, 2017**.
- Certificate of attendance for workshop ***“Using and Creating Effective Rubrics”*** held at IAU, Saudi Arabia, on **21st November, 2017**.
- Certificate of attendance for workshop ***“Attract students with your power point”*** held at IAU, Saudi Arabia, on **16th March, 2017**.
- Certificate of attendance for workshop ***“Using social media channels”*** held at IAU, Saudi Arabia, on **09th March, 2017**.
- Certificate of attendance for workshop ***“Publishing your Research”*** held at IAU, Saudi Arabia, on **04th January, 2017**.
- Certificate of attendance for workshop ***“Writing Research Article”*** held at IAU, Saudi Arabia, on **27th December, 2016**.
- Certificate of attendance for workshop ***“Communication Skills as a Domain of Learning in National Qualification Framework”*** held at IAU, Saudi Arabia, on **10th November, 2016**.
- Attended a workshop on ***“Alternative & Effective Assessment methods (Performance Assessment, Portfolio & Projects)”*** held at IAU, Saudi Arabia, on **27th October, 2016**.
- Certificate of attendance for workshop ***“The Pursuit of Excellence in Mentoring in Higher Education”*** held at IAU, Saudi Arabia, on **20th October, 2016**.

- Certificate of attendance for attending **British Medical Journal Training** on ***“BMJ best practice and Journal from BMJ”***, held at Central Library, IAU, Saudi Arabia, on **18th October, 2016**.
- Attended a workshop entitled as ***“Research Methodology”*** held on **12th October, 2016** arranged under Imam Abdulrahman Bin Faisal University and Thomson Reuters Strategic Partnership at IAU, Saudi Arabia.
- Attended a workshop entitled as ***“How to Prepare for a Conference”*** held on **5th October, 2016** arranged under Imam Abdulrahman Bin Faisal University and Thomson Reuters Strategic Partnership at IAU, Saudi Arabia.
- Attended a workshop entitled as ***“Bibliographic search, Management and Publishing Methodology”*** held on **5th May, 2016** arranged under Imam Abdulrahman Bin Faisal University and Thomson Reuters Strategic Partnership at IAU, Saudi Arabia.
- Attended a workshop entitled as ***“InCites: Performance Evaluation: Reports generation”*** held on **4th May, 2016** arranged under Imam Abdulrahman Bin Faisal University and Thomson Reuters Strategic Partnership at IAU, Saudi Arabia.
- Certificate of Participation for a workshop, ***“Increasing Efficiency of Pharmaceutical Tablets Testing”***, organized by Restech (Sotax, AG, Switzerland) at Dhahran International Hotel, Dhahran, Dammam, K.S.A, on **10th November, 2015**.
- Certificate of attendance for a workshop, ***“Providing a Constructive Feedback”***, held at IAU, Saudi Arabia, on **8th October, 2015**.
- Certificate of attendance for a workshop, ***“Avoiding Common Teaching Mistakes- A Discussion”***, held at IAU, Saudi Arabia, on **10th September, 2015**.
- Attended workshop on ***“Interactive Teaching & Students Engagement”***, held at IAU, Saudi Arabia, on **7th May, 2015**.
- Attended workshop on ***“Enhancing learning through the use of Technology”***, held at IAU, Saudi Arabia, on **23rd April, 2015**.
- Participated in ***“Elsevier ScienceDirect, Scopus & Mendeley training program”*** held at IAU, Saudi Arabia, on **03rd April, 2015**.
- Attended workshop on ***“Motivating students learning”***, held at IAU, Saudi Arabia, on **5th February, 2015**.
- Attended a Lecture ***“Analysing & Reading Test Results”*** at IAU, Saudi Arabia, on **5th January, 2015**.
- Attended the Workshop titled ***“Optimize the Use of Web of Science’s Services” “Learn how to use End Note”*** organized by Thomson Reuters at IAU, Saudi Arabia, on **17th December, 2014**.
- Attended Workshop about ***“Essential Skills of Health Profession Education (Teaching & Learning)”*** at IAU, Saudi Arabia, from **18th November – 20th November, 2014**.
- Attended a Lecture ***“Using MCQs to test Higher-Order Thinking Skills”*** at IAU, Saudi Arabia on **23rd October, 2014**.

- Attended “*Taylor & Francis Publishing in Academics Journals*” Workshop held at IAU, Saudi Arabia, on **21st October, 2014**.
- Attended Workshop about “*Course Portfolio*” at IAU, Saudi Arabia, on **18th September, 2014**.
- Attended Workshop “*Introduction to NCAAA & Checklist of Activities*” arranged by IAU, Saudi Arabia, on **16th September, 2014**.
- Participated in Workshop on “*Purification of Water by the Use of Energy obtained from Wind Mills*” held at Hamdard University, Karachi, Pakistan, **2011**.

Community service & Students Campaigns Supervision

- Supervised students, arranged and participated in symposium “**Permanent development of Deserts**”, at IAU, arranged from **22nd – 24th January, 2019**.
- Supervised students at “**World pharmacist day**” campaign at Al-Othaim mall, K.S.A, **25th September, 2017**.
- Supervised students at Ministry of health program about “**Adulteration and safe Use of Herbs**” organized by Saudi Food & Drug Authority at Al-Othaim Mall, Dammam, K.S.A, **November, 2016**.

Instruments / Technical Skills

- **UV - Vis Spectroscopy** (Single beam, double beam & multiple cell spectrophotometer) (Shimadzu, Thermo scientific)
- **HPLC** (LC/DAD, LC/MS, LC/MS/DAD **with** DAD and Auto sampler) (Beckman, Agilent-1200, Waters (Mass lynx, Milford, MA, USA), Shimadzu)
- **ICPMS** (Thermo Scientific™ iCAP™ RQ ICP-MS) Qnova series (Omaha, Nebraska 68144 USA) coupled with Cetac auto sampler (ASX-260)
- **Accelerated solvent Extractor** (Dionex ASE 350) 350 Model with DIONIUM™ Components SMARTRUN™ system & Solvent saver system
- **Soxtec** (Advanced Semi-automatic Soxhlet instruments), **Ultrasonication** using different probes, **Microwave assisted extraction**, **High speed homogenizer** (Ultra-Turrax), **SPE**, **SPME** and **Deep Eutectic Solvents** (DES) extractions
- **LC/SPE/NMR** (LC/DAD hyphenated instrument with SPE-Cartridges & NMR tubes), LC (Agilent), SPE and TT (Bruker))
- **UPLC/MS/DAD** (UPLC/MS with Triple Quadruple Mass Detector (TQD)) (UPLC/MS with TQD by Waters, Milford, MA, USA & Thermo Scientific™ Vanquish™ UHPLC (Thermo Scientific, Germany), software (Chromeleon (c) Dionex V. 7.2.2.6890)
- **Flash Chromatography** (Automated system with Silica columns-10 g to 120 g) (Reveleris)
- **Column Chromatography** (Open tube columns of different Sizes and Silica polarity)
- **TLC, Analytical TLC:** (Normal phase 0.2 mm Thickness, HPTLC, RPTLC)

Preparative TLC: (0.5 mm/1 mm Thickness for Isolation of compounds, Merck)

- **Fluoro-spectrophotometer (Micro plate reader/fluorescence)** (Tecan M-200 Infinite)
- **Atomic Absorption Spectroscopy (A. A. S)** (By Lumex)
- **FT-IR Spectrophotometer** (By Thermo scientific)
- **Basic knowledge and Qualified a Short course of following techniques.**

Molecular Techniques: SDS phage, Electrophoresis, Restriction Analysis, P.C.R, E.L.I.S.A

Microbiological Tests: C.F.T, H.A & H.I Tests, Various Types of Media Preparations and growth of Micro Organisms, Sensitivity Tests for Anti-Microbial.

References

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