



Reem Sulaiman AlTuwayjiri

Demonstrator

Personal Data

Nationality | **Saudi**

Date of Birth | **08/10/1995**

Department | **Clinical Nutrition**

Email | **rsaaltuwayjiri@iau.edu.sa**

Office Phone No. | **38586**

Language Proficiency

Language	Read	Write	Speak
Arabic	✓	✓	✓
English	✓	✓	✓

Academic Qualifications (Beginning with the most recent)

Date	Academic Degree	Place of Issue	Address
01/12/2023	MSc in Clinical and Public Health Nutrition	University College London	London, UK
10/05/2018	Bachelor of Clinical Nutrition	Imam Abdulrahman Bin Faisal University	Dammam, SA

Professional Record: (Beginning with the most recent)

Job Rank	Place and Address of Work	Date
Demonstrator	College of Applied Medical Sciences in Jubail Imam Abdulrahman Bin Faisal University Eastern Province, Saudi Arabia	Dec 2020 – Present
Clinical Dietitian	Armed Forces Hospital, Jubail King Abdulaziz Naval Base Jubail, Saudi Arabia	Oct 2018 – Dec 2020

Scientific Achievements

Published Refereed Scientific Research



#	Name of Investigator(s) (Supported by)	Research Title	Published and Date of Publication

Completed Research Projects

#	Name of Investigator(s) (Supported by)	Research Title	Report Date
1	<ul style="list-style-type: none"> • Dr.Mohammed ElSaadany • Dr.Omar Abuzaid • Dalal AlAmoudi • Razan AlGarni • Reem AlTuwayjiri • Mishael AlTuwayjiri 	Iodine Intake and Thyroid Dysfunction Among Saudi Type 2 Diabetic Female Patients: A Cross Sectional Study	2017

Current Research

#	Research Title	Name of Investigator(s)

Contribution to Scientific Conferences and Symposia

#	Conference Title	Place and Date of the Conference	Extent of Contribution
1	Assessment & Learning Outcomes during Covid-19	Online Webinar <i>20 – January – 2021</i>	Attendee
2	Domestic Abuse and Child Neglect	Fanateer Cultural Center, Jubail, SA <i>25 – November – 2019</i>	Attendee
3	Jubail First Health Conference	King Abdullah Cultural Center, Jubail, SA <i>27/28/29 – November – 2018</i>	Attendee
4	The 2nd International Symposium for Updates in Clinical Nutrition	Security Forces Hospital, Riyadh, SA <i>25/26 – October – 2017</i>	Attendee
5	The 1st Annual Research Forum Public Health Nutrition	Zayed University, Dubai <i>12 – February – 2015</i>	Attendee
6	Nutrition and Kidney Disease	King Fahad Specialist Hospital, Dammam, SA <i>3/4 – December – 2014</i>	Attendee

Membership of Scientific and Professional Societies and Organizations



Teaching Activities

Undergraduate

#	Course/Rotation Title	No./Code	Extent of Contribution (no. of lectures/Tutorials. Or labs, Clinics)
1	Food Safety and Environmental Health	NUTR 414	5 Lectures
2	Food Processing and Preparation	NUTR 311	4 Labs
3	Professional Ethics in Dietetics	NUTR 423	11 Lectures

Brief Description of Undergraduate Courses Taught: (Course Title – Code: Description)

Food Safety and Environmental Health: This course covers the basic principles of food hygiene practices and the environmental pollutants that may be transmitted through food and water. Also different hazards to food safety especially food borne disease , food preservation methods, quality control systems used to ensure food hygiene such as HACCP system, and food safety legislations

Food Processing and Preparation: This course is designed to introduce the student the basic principles of food processing and preparation, general characteristics of raw food materials, processing and preservation of foods; processing factors that influence quality .The practical aspects of food items consumed in everyday meal to edible portions of various food items. Preparation and evaluation restricted diet for patient.

Professional Ethics in Dietetics: In this course students will learn how to develop leadership characteristics towards achieving their deemed vision in dietetics' field. They will learn their rights and duties as health care practitioners. They will also know how to attain a strong motivation, service orientation, and how to adhere to the dietitians' code of ethics and belongs to a professional association. This course will also highlight the role of nutritionists and dietitians and prepare students for job seeking.

Postgraduate

#	Course/Rotation Title	No./Code	Extent of Contribution (no. of lectures/Tutorials. Or labs, Clinics)
1			
2			

Brief Description of Postgraduate Courses Taught: (Course Title – Code: Description)



1	
2	

Course Coordination

#	Course Title and Code	Coordinati on	Co-coordination	Undergr ad.	Postgrad .	From	To

Guest/Invited Lectures for Undergraduate Students

#	Activity/Course Title and Code	Subject	College and University or Program	Date

Student Academic Supervision and Mentoring

#	Level	Number of Students	From	To

Supervision of Master and/or PhD Thesis

#	Degree Type	Title	Institution	Date

Ongoing Research Supervision

#	Degree Type	Title	Institution	Date

Administrative Responsibilities, Committee and Community Service (Beginning with the most recent)

Administrative Responsibilities

#	From	To	Position	Organization



Committee Membership

#	From	To	Position	Organization
1	2021	2022	Member at the Exam and Evaluation Quality Committee	Vice Deanship of Academic Affairs at College of Applied Medical Sciences in Jubail
2	2021	2022	Member at the Quality and Academic Accreditation Supportive Committee	Vice Deanship of Studies, Development, and Community Services at College of Applied Medical Sciences in Jubail
3	2021	2022	Member in the Information Technology Committee	Vice Deanship of Studies, Developments, and Community Services at College of Applied Medical Sciences, Jubail.
4	2021	2022	Member in the Health and Safety Committee	College of Applied Medical Sciences, Jubail.
5	2019	2020	Member in the Events and Activities Committee	Academic Affairs Department Armed Forces Hospital, Jubail.

Scientific Consultations

#	From	To	Institute	Full-time or Part-time

Volunteer Work

#	From	To	Type of Volunteer	Organization
1	31/10/2021	2/11/2021	Breast Cancer Awareness Campaign: -Designed all campaign posters and handouts. -Organizer.	College of Applied Medical Sciences in Jubail
2	7/4/2021	9/4/2021	Covid-19 Vaccination Campaign: -Designed posters and printouts. -Organized volunteers for the event. -General event coordinator.	College of Applied Medical Sciences in Jubail in coordination with Jubail General Hospital



3	1/8/2019	1/8/2019	Educated visitors of the "Breastfeeding Day" activity about the nutritional importance of breastfeeding.	Armed Forces Hospital, Jubail
4	5/4/2019	15/4/2019	Operated the mobile nutrition clinic at the "4th Annual Naval Festival"	The Eastern Fleet Command, Jubail
5	25/11/2018	25/11/2018	Nutritionally educated the visitors of the "World Diabetes Day" at the clinical nutrition booth	Armed Forces Hospital, Jubail
6	March 2018	April 2018	Co-organized a weight loss program for college students named " Lose weight, Gain health"	Jubail General Hospital In cooperation with Jubail University College.
7	26/3/2018	27/3/2018	Co-organized and supervised an educational activity for renal patients.	Saad AlMoajil Kidney Centre, Jubail
8	10/12/2017	12/12/2017	Educated visitors of the "Elderly Campaign" at the nutrition therapy and nutrition supplement booth.	King Fahad University Hospital, AlKhobar
9	1/10/2015	30/10/2015	Participated in the university's breast cancer awareness campaign.	Imam Abdulrahman Bin Faisal University
10	15/3/2015	15/3/2015	Educated attendees of the "How to live with diabetes" lecture at the nutrition booth.	Saudi Diabetes & Endocrine Association, AlKhobar
11	5/3/2015	6/3/2015	Provided nutritional education for visitors of SCITEC at the "Healthy Eating Habits" booth.	Sultan Bin Abdulaziz Science & Technology Centre, Khobar

Personal Key Competencies and Skills: (Computer, Information technology, technical, etc.)

1	Computer: Microsoft Office (Word, Excel, PowerPoint, Outlook), Adobe (Photoshop)
2	Professional: Nutritional education and counselling skills.
3	Personal: Communication skills, leadership skills, presentation skills

Last Update

03/20/2024