



جامعة الإمام عبد الرحمن بن فيصل
IMAM ABDULRAHMAN BIN FAISAL UNIVERSITY

المدينة الطبية الأكاديمية | IAU . AMC

مستشفى الملك فهد الجامعي
King Fahd University Hospital

AMSLER GRID TESTING

What are the Steps for the Test?

- If you use reading glasses, put them on.
- Hold the paper at a comfortable reading distance (30-35 cm).
- Test Each Eye Separately and close one eye.
- With the open eye, focus on the dot located in the center of the grid.
- While focusing on the center dot, look for any of the following disturbances in the surrounding area:
 - Wavy or distorted lines in the grid.
 - Black spots or gaps in the lines of the grid.
- Move to the second eye and repeat the previous steps.
- Conduct the test periodically as recommended by your doctor.
- If any of these changes appear, you should see a doctor for examination and reassurance.

Note: The Test image is on the back of the page.



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Ophthalmology Department
Health Awareness Unit

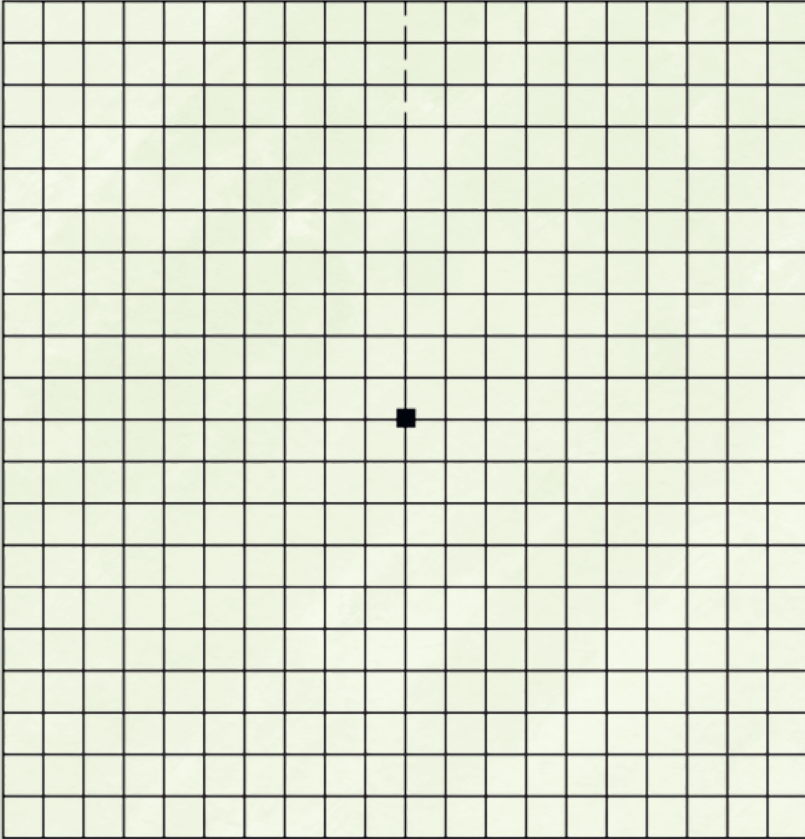


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