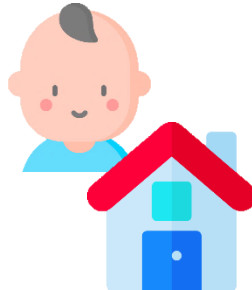




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IMAM ABDULRAHMAN BIN FAISAL UNIVERSITY

مستشفى الملك فهد الجامعي
King Fahad Hospital The University

Care at Home After a Circumcision



What Are Physical Activities That Child Can Practice After Circumcision?

Child can do quite activities in the first day with close supervision. Make sure he avoids bicycle, gym, rough play or sport for 1 – 2 weeks, then he can return gradually to normal activities.



When Can the Child Return to School?

Child can return to school after 3 - 5 days.



Can the Child take a bath after the surgery?

- A bath with a wet sponge is possible for the first 24 hours after the surgery.



- Then, the tub bath is allowed for 15 – 20 minutes, 2 or 3 times a day for one week.



What is the correct way for the wound care after the surgery?

- If the child has a dressing, you might be asked to remove it **after 24 – 48 hours**, it might come off by itself (for example, during bath).



- Apply Fucidic Acid cream prescribed by the physician to the penis after each bath.



- In the first day after the surgery, check for bleeding every two hours and once during the night. If bleeding occurs, use gauze with the Fucidic Acid cream to apply gentle pressure on the penis for **3 – 5 minutes**. If not effective, bring the child to the hospital.





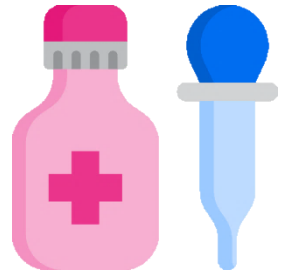
Note:

Minimal oozing (spotting of blood) is normal. The area will be swollen for several days and yellowish membranes may cover the tip of the penis. It will gradually improve in **2 – 3 weeks**.



Is there any medication could be given to the child?

Yes. If pain occurs, give the child pain killer syrub every **6 – 8 hours**.



What type of food can the child eat after surgery?

- For one or two hours after surgery, the child can drink water, apple juice or Jell-O.



- If tolerated, proceed with a soft diet such as soup, yogurt and ice cream.



- The next day he may be given a normal diet.



Review and Audit:

The content of this booklet has been reviewed by the Urology Department consultants at King Fahad Hospital of the University.

Health Awareness Unit

IAU-20-40



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