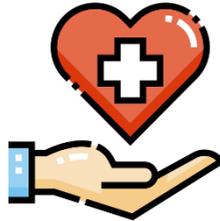




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Honeymoon phase



What is the stage of the honeymoon or the stage of frequent declines?



Most people with type 1 diabetes go through a period of time after their diagnosis when the remaining beta cells in their pancreas are able to pump out enough insulin to control their blood sugar. This is the honeymoon phase.

When does the honeymoon phase begin?



The honeymoon phase usually begins about a month after the start of the diagnosis and can last from one month to over a year. The duration of the honeymoon phase varies from person to person.



What should you do during the honeymoon phase?

The honeymoon phase doesn't mean you're cured, or you've never had diabetes.

Even if your blood sugar is normal, your body still needs insulin, and your pancreas may not be able to produce enough of it to keep your blood sugar under control.



If you must continue to use insulin pens with differences in dose and you may have to reduce the doses of rapid-acting insulin (meal insulin) until you reach one dose and the doctor may advise you to stop it, but **the basal insulin (regulator) never stops!**

Treatment plan:

Consult your doctor about the appropriate treatment plan for your condition.

Sources and References:

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Review and audit:

The content of this booklet has been reviewed by pediatric endocrinology
and diabetes consultants at King Fahad University
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