



جامعة الإمام عبد الرحمن بن فيصل  
IMAM ABDULRAHMAN BIN FAISAL UNIVERSITY

مستشفى الملك فهد الجامعي  
King Fahad Hospital The University

# Breast Reconstruction

## **What is breast reconstruction?**

It is the creation or rebuild a new mold that looks like the removed breast using surgery. It may be done after removal of a whole breast (mastectomy) or part of the breast (breast conserving surgery).

## **What is the purpose of breast reconstruction?**

Reconstruction operations for many women helps them to restore confidence in body image and improve self-esteem and assists in the psychological and emotional recovery following breast cancer.

## **Who can have a reconstruction?**

Most women who have had a mastectomy, and some who have had breast-conserving surgery.



## When to have reconstruction?

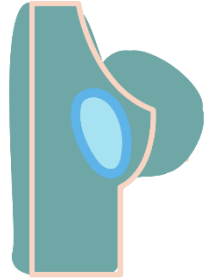
- 1- **Immediate reconstruction** (reconstruction at the same time as mastectomy) One of the benefits of immediate reconstruction is that the skin of the breast can sometimes be preserved.
- 2- **Delayed reconstruction** (mastectomy first, reconstruction later) You can have a reconstruction month or even years after your breast surgery, so you have plenty of time to make a decision.
- 3- **Delayed immediate reconstruction** in cases where there is no clear treatment decision by the surgeon and oncologist, such as the need to take radiation or not after the operation (during which expansion balloons are placed to preserve the surgical gap until matters become clear and the appropriate decision is taken).



## What are the types of reconstruction?

There are three main types of breast reconstruction:

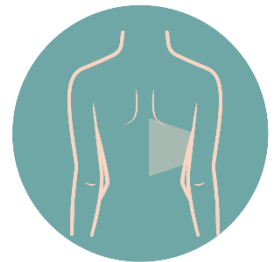
1-Reconstruction using only a breast implant



2-Reconstruction using your own tissue (a tissue flap), which can be taken from a number of places in the body (the most common being the back or the lower part of the abdomen)



3-Reconstruction using a combination of tissue and an implant



## References:

All illustrations used from [canva.com](https://www.canva.com)

## Review and audit:

The content of this booklet has been reviewed by plastic surgery consultants at King Fahd University Hospital.

**Surgery Department**  

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**Health Awareness Unit**  
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