



جامعة الإمام عبد الرحمن بن فيصل
IMAM ABDULRAHMAN BIN FAISAL UNIVERSITY

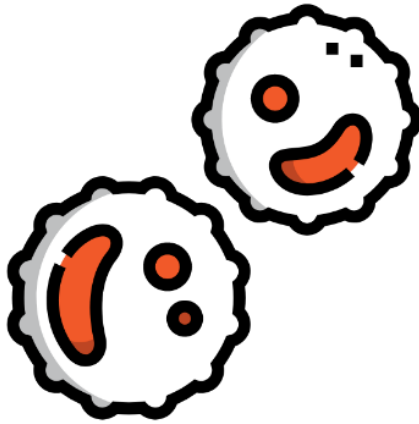
مستشفى الملك فهد الجامعي
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what do you know about AIDS?



When does AIDS occur?

It is caused by the human immunodeficiency virus, which infects a type of white blood cell responsible for the immune system and leads to its destruction.



What are the methods of transmission of infection?



Sexual contact



Blood transfusion from an infected person to a healthy person



Sharing injection or shaving tools contaminated with the virus



Body fluids such as semen and vaginal secretions



During pregnancy from an infected mother to her fetus



Breast feeding



What are the symptoms?

Primary infection:

Symptoms usually appear within a month or two of the viruses entering the body and are like influenza symptoms.









Clinical infection:

At this stage, symptoms may not appear at all for a period ranging between 8-10 years.



What are the symptoms of HIV (AIDS)?

Failure to detect the disease and not receiving treatment leads to the appearance of chronic symptoms, including:

Headache		Night Sweating	
Blurred Vision		High fever	
Weight loss		Cough shortness of breath	
Rashes		Diarrhea	



What are the testing procedures at voluntary HIV testing centers?



Examination and consultation are completely confidential.



The examination is not performed without the approval of the patient.



The examination is done by taking a sample of blood or saliva.



No personal data or name of patient is taken.



Obtain patient approval before reporting the result.



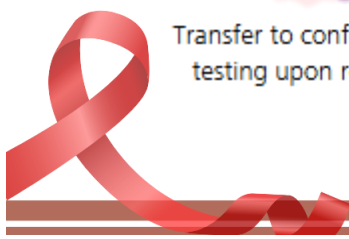
Test results appear within five minutes.



Transfer to confirmatory testing upon request



Give the patient enough time to discuss and ask questions.



Can I live a normal life ?



It is not transmitted through eating, drinking, shaking hands, or hugging.



AIDS is not transmitted through sharing workplaces and schools.



It is not transmitted through the use of public facilities such as toilets.



It is not transmitted through sneezing, coughing or mosquito bites.



References:

Pictures from Canva.com

review and audit

The content of this booklet was reviewed by the Infection control
department at King Fahd University Hospital.

Infection Control Department

Health Awareness Unit
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