

## Instruction post endoscopic procedure

### What instructions should I follow after the endoscopy?

- You should go to the nearest hospital if you feel:
    - ✿ Rise in temperature.
    - ✿ Severe chest or abdominal pain accompanied by vomiting or bleeding.
  - You may feel a sore throat, and you may feel a bloated abdomen due to air from the endoscope, and this will go away after a while.
  - After the effects of anesthesia have completely worn off, you can eat two to four hours after the examination.
  - You are prohibited from driving a car or doing other activities or exerting yourself for 12 hours.
- You must bring a companion or use a taxi to take you home.**



## Instruction post endoscopic procedure

### What instructions should I follow after the endoscopy?

- You will be informed of the examination result on the same day by the specialist doctor, and when a sample is taken for microscopic examination, the results will be available at the outpatient clinic appointment.
- You must confirm and follow up by registering your next appointment with your specialist doctor.
- If you have a prescription, you should take the medication as directed by your doctor.
- If the endoscopy is not completed for any reason, you will be given another appointment.

